Name: Date: CLB Level: 3

Theme: Our Life Topic: Daily Routine / Weekly Schedule Speaking- SUT

Pre-speaking Questions

- What does daily routine mean?
- What is your daily routine? / What is your day like?
- Make a list of the activities you usually do during the day.

Speaking Activity- Find Someone

a) Answer the questions below yourself.

b) Choose two of your classmates to ask them the same questions.

c) Provide the answers in full sentences. Pay attention if the question is a Yes/No or Wh question.

d) (extended activity) Take short notes from their answers.

e) When you have completed the chart, get ready to introduce your classmates and talk about their daily routine.

Questions	You	Your Classmate – 1 (Name)	Your Classmate – 2 (Name)
1-When do you usually wake up?			
2-Do you have breakfast before coming to class? What time?			
3-How to you get to school?			
4-How long is your class?			
5-Who do you have lunch with?			

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6-What do you do after returning home?			
7-When do you start preparing dinner?			
8-What do you do before going to bed?			
9-How long do you usually sleep?			

Note: Skill-building exercises focusing on the simple present tense, adverbs of frequency and vocabulary related to house chores should be practiced before starting the speaking task.

Review- Grammar Note 1- Simple Present Tense

- Look at the answers again. What verb tense do you see in them? Are they present tense, past tense or future tense?
- As you noticed, for all the questions and answers, we used simple present tense because we talk about the activities we do in our daily life and we repeat them.
- Go back to your grammar lesson about simple present tense if you need more practice.

Review- Grammar Note 2- Adverb of Frequency

- Adverbs of frequency tell us how often something happens. We use them to say how many times we do an activity/ action.
- We place adverbs of frequency before the main verb (except for "to be" verbs, where they come after the verb).

• Always	• 100 %	Samuel always drinks tea in the morning. (7 days a week)
• Usually	• 80-90 %	Samuel usually drinks tea in the morning. (5-6 days a week- (most of the time)
• Sometimes	• 50%	Samuel sometimes drinks tea in the morning. (3 days a

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• Rarely • Never	• 10% • 0%	week- (some of the time) Samuel rarely drinks tea in the morning. (1 day a week) Samuel never drinks tea in the morning. (0 day a week)

- We also have other phrases that tell us how often we do an action or activity and they usually come at the end of the sentence. For example:

  - **Once a day/ week/ month/ year:** means one time per day/ week/ month/ year- I drink coffee once a day.
  - **Twice a day/ week/ month/ year:** means two times per day/ week/ month/ year- Marta goes grocery shopping twice a week.
  - **Three times a day/ week/ month/ year** – My brother and I visit our grandmother three times a month.

Review- Grammar Note 3- Pre-teach the vocabulary related to house chores, such as mopping, vacuuming, ironing, doing laundry, cooking, dusting, and more.

Speaking Task

- Work in pairs or in small groups to practice answering the questions in each card.
- Answer the questions in full sentences.
- Remember,
  - if it is a Yes/No question, provide a short but complete answer. Don't answer only with yes or no.
  - If it is a Wh question, provide an answer with details and in full sentence.
- Don't forget to use simple present tense to answer the questions.

Note: *The teacher can choose some of the cards for a skill-using task to practice in class and reserve two of them for the assessment task.*

Card # 1
1. What time do you usually wake up?

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2. Do you set an alarm clock to wake up?
3. How long does it take to get out of bed when you wake up?
4. What time do you get up on the weekend?
5. What do you do after getting up? (Three activities)
6. What time do you like to wake up?

Card # 2

1. Do you exercise/ work out?
2. Why do you exercise? / Why don't you exercise?
3. When do you usually exercise?
4. How often do you exercise?
5. How long do you work out?
6. Where is your favourite place to work out?

Card # 3

1. Do you eat breakfast?
2. What time do you usually have breakfast?
3. What do you like to eat for breakfast?
4. Who do you usually have breakfast with?
5. Where do you usually have breakfast?
6. Do you eat the same breakfast on the weekends?

Card # 4

1. Do you go to any classes? What do you study?
2. What time do you start your class?
3. How often do you go to your class?
4. How long is your class?
5. What is your favorite activity in the class?
6. Do you do any assessments (exams) during the week?

Card # 5

1. Do you do the grocery shopping in your household?
2. How often do you go grocery shopping?

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3. Where do you usually go for grocery shopping?
4. What do you usually buy?
5. How do you get to the store?
6. What is your favourite grocery store?

Card # 6

1. What time do you usually have lunch?
2. What do you usually have for lunch?
3. Where do you usually have lunch?
4. Do you eat alone?
5. What is your favourite food?
6. Do you skip lunch? Why?

Card # 7

1. Who does the laundry at home?
2. How often do you do laundry?
3. What time of the day do you do laundry?
4. Do you have a washing machine and dryer in your apartment/house?
5. who irons the clothes in your household?
6. Do you prefer to do the laundry or iron? Why?

Card # 8

1. Do you usually cook at home or order takeout?
2. What do you usually make?
3. Who does the dishes in your household?
4. What do you usually order?
5. How often do you go to a restaurant?
6. What is your favourite restaurant? Who do you have dinner with?

Card # 9

1. What time do you usually go to bed?
2. What do you normally do before going to bed? (Three activities)
3. Do you listen to music when you go to bed?

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4. How long do you sleep?
5. Do you prefer to sleep in a warm room or a cold room?
6. Do you sleep in a dark room or with a dim light?

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