



Objetivo de trabajo: Reconocer, describir y asociar emociones a sus expresiones.

1. Descubre las distintas emociones que describen las oraciones, para ello utiliza la tabla y descifra la palabra oculta que representa cada emoción.

1	2	3	4	5	6	7	8	9	10	11	12	13
A	B	C	D	E	F	G	H	I	J	K	L	M
14	15	16	17	18	19	20	21	22	23	24	25	26
N	O	P	Q	R	S	T	U	V	W	X	Y	Z

Feeling upset with person, act, or idea

1 - 14 - 7 - 18 - 25

Feeling alone and that nobody cares

12 - 15 - 14 - 5 - 12 - 25

Feeling displeased when rival does well

10 - 5 - 1 - 12 - 15 - 21 - 19

Feeling at ease and without worries

18 - 5 - 12 - 1 - 24 - 5 - 4

Feeling sad, blue, discouraged, and unhappy

4 - 5 - 16 - 18 - 5 - 19 - 19 - 5 - 4

Feeling guilty after doing wrong

1 - 19 - 8 - 1 - 13 - 5 - 4

Feeling full of energy

5 - 14 - 5 - 18 - 7 - 5 - 20 - 9 - 3

Feeling fear and worry

1 - 6 - 18 - 1 - 9 - 4

Feeling happy and aroused

5 - 24 - 3 - 9 - 20 - 5 - 4

Feeling tense, tired, and uneasy

19 - 20 - 18 - 5 - 19 - 19 - 5 - 4

Feeling pleasure for doing well

16 - 18 - 15 - 21 - 4

Feeling unable to think clear

3 - 15 - 14 - 6 - 21 - 19 - 5 - 4



2. Ahora busca en la sopa de letras las distintas emociones y sentimientos

Active	Bright	Embarrassed	Joyful	Relaxed
Afraid	Cautious	Excited	Lonely	Sad
Alert	Confident	Glad	Peaceful	Silly
Angry	Confused	Happy	Playful	Stressed
Ashamed	Depressed	Hurt	Proud	Weak

