

## Grammar

**3** Complete the sentences using the correct form of the verbs in brackets.

- When \_\_\_\_\_ (you / learn) to cook?  
I \_\_\_\_\_ (start) learning when I was about 10 years old.
- What \_\_\_\_\_ (you / like) watching on TV when you were young?  
Nothing. I \_\_\_\_\_ (not watch) television when I was young.
- Who \_\_\_\_\_ (Lisa / play) volleyball with yesterday?  
She \_\_\_\_\_ (play) with Jamilia, Karen and Natalia.
- Why \_\_\_\_\_ (your mum / bake) all these cakes?  
She \_\_\_\_\_ (bake) them for my brother's birthday party.
- What \_\_\_\_\_ (Ben and Tom / do) last night?  
They \_\_\_\_\_ (practise) with their band.

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## Vocabulary

**5** Complete the food words with one letter in each gap. Some letters are given.

Vegetables: (1) o \_ i \_ \_ s

Fruit: (2) s \_ \_ \_ w \_ \_ r \_ \_ \_ \_

Dairy: (3) y \_ \_ h \_ \_ \_ .

(4) c \_ e \_ s \_

Meat: (5) b \_ e \_

Carbohydrates: (6) p \_ \_ t \_

Other: (7) v \_ \_ \_ g \_ r

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**6** Complete the sentences with the correct form of the words in the box.

bake | boil | fry | grill | roast

- \_\_\_\_\_ the water to 100°C.
- We sometimes have \_\_\_\_\_ sausages at our barbecues.
- \_\_\_\_\_ the eggs in oil.
- I love freshly \_\_\_\_\_ bread.
- \_\_\_\_\_ the chicken in the oven.

**4** Complete the text using the correct form of the verbs in brackets.

Yesterday, Sam (1) \_\_\_\_\_ (get up) at 8 am. He (2) \_\_\_\_\_ (have) a shower and then (3) \_\_\_\_\_ (eat) a quick breakfast. After breakfast, he (4) \_\_\_\_\_ (go) out. He (5) \_\_\_\_\_ (meet) his friends and they decided to go to a café. Sam (6) \_\_\_\_\_ (choose) a chocolate milkshake. Sam and his friends (7) \_\_\_\_\_ (drink) slowly and talked. His friends (8) \_\_\_\_\_ (tell) him about a concert in their town. It was a concert by his favourite band. After the drink, they looked in the shops. In one shop, they (9) \_\_\_\_\_ (see) a poster: 'Concert tickets for sale.' Sam phoned his parents. 'Can I go to a concert in December? It's on a Saturday evening at the Royal Theatre.' His parents said yes so Sam and his friends (10) \_\_\_\_\_ (buy) tickets. They didn't have any money left, but they were happy.

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\_\_\_/5

**7** Choose the correct verbs to complete the sentences.

- 1 What time do you usually **have** / **bake** / **do** lunch?
- 2 Matt **did** / **took** / **made** a photo of his burger and put it on the internet.
- 3 After dinner, my brother and I always **do** / **make** / **bake** the washing up.
- 4 Zoe **had** / **did** / **made** a mistake and put salt in her tea!
- 5 Did you **make** / **do** / **have** a good time at the restaurant?
- 6 Dad tried to **do** / **make** / **take** a pizza, but it wasn't very good.
- 7 Who **does** / **bakes** / **makes** breakfast in your family?
- 8 The best way to cook potatoes is to **make** / **take** / **bake** them.

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## Reading

### Healthy school dinners

In Britain, a lot of students eat lunch at school, but the food is often not very healthy. Some years ago, a famous chef, Jamie Oliver, decided to try to make school dinners better. To do this, he made a TV show called *Jamie's School Dinners*. **(1)** \_\_\_\_\_ And they showed that it wasn't always easy for Jamie!

First, he went to Kidbrooke School in London. The head dinner lady there was called Nora. **(2)** \_\_\_\_\_ He also found out that the children liked unhealthy food such as chips. But Jamie's ideas for healthier meals were expensive and difficult to cook. **(3)** \_\_\_\_\_ However, Jamie wasn't going to give up easily.

To help the dinner ladies, first Jamie showed them how to cook very big meals easily and quickly. Then he showed the students why fast food is unhealthy. **(4)** \_\_\_\_\_ After that, he took them into the kitchen to learn about cooking. Finally, he asked the government to spend more money on school dinners.

After the TV series, Jamie started an idea called 'Feed Me Better'. This was to make everyone understand why healthy meals are important. Also, Nora wrote a book called *Nora's Dinners*. **(5)** \_\_\_\_\_ A lot of people were interested in the book, but fast food is still very popular in schools and at home. However, Jamie hopes that things will change one day.

**8** Choose the correct pronouns to complete the sentences.

- 1 A lot of students eat lunch at school, but **it / they** is often not very healthy.
- 2 The programmes explained what he did and they showed that it wasn't easy for **him / them!**
- 3 Jamie showed the dinner ladies how to cook big meals easily and quickly. This helped **him / them** a lot.
- 4 Her book has simple, healthy ideas for families so a lot of people are interested in **their / her** suggestions.
- 5 Fast food is still popular in schools. **It / They** is also popular at home.

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**9** Read the text about healthy eating. Five sentences have been removed from the text. For each question, choose the correct answer. There are three extra sentences which you do not need to use.

- A** It had simple, healthy ideas in it for families.  
**B** She told Jamie she had 37p to spend on each child daily.  
**C** They saw exactly what was in the food they liked.  
**D** His programmes explained what he did in the schools.  
**E** One of them was also a chef, like Jamie.  
**F** Because of this, it wasn't easy to change the dinners at the school.  
**G** It was his idea to invite Jamie into the school.  
**H** Their show became very popular with British students.

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## Writing

**13** Read the sentences and write *S* for a suggestion or *Q* for a question.

- 1 Would you like to try the new café? \_\_\_\_\_
- 2 How about coming with me? \_\_\_\_\_
- 3 Which day can you go? \_\_\_\_\_
- 4 Let's meet on Wednesday. \_\_\_\_\_
- 5 What's the new café like? \_\_\_\_\_

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**14** You want to try a new café. Write a note to your English friend, Ali.

Tell Ali:

- which day you want to go.
- where you want to meet.
- what you can eat there.

Write **25 words** or more.

**Remember to:**

- answer the three questions.
- write at least **25 words**.
- use conjunctions like *and*, *or* and *but*.
- check your grammar.

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