



Exercise 1: Reading.



The Power of Discipline

Many teenagers dream about having a successful future, but success does not appear magically. Students must develop discipline and responsibility from an early age. Good habits such as studying regularly, respecting others, and managing time correctly can completely change a person's future. Teenagers who strive to improve every day usually achieve their goals faster.

Today, technology gives students many opportunities to learn new things. Teenagers can study online, practice languages, and communicate with people from different countries. However, social media can also distract students from their responsibilities. Young people should learn how to balance entertainment and education in order to use technology wisely.

Sports and extracurricular activities are also important for teenagers. Some students train every day to become athletes, musicians, or artists. These activities teach discipline, teamwork, and perseverance. Even when students feel tired or upset, they learn to continue working hard and never give up easily.

Finally, teenagers should remember that mistakes are part of learning. Nobody becomes successful immediately. Students who learn from their failures usually become stronger and more confident. If teenagers continue studying, practicing, and believing in themselves, they will build a better future and achieve their dreams.





EXERCISE 2: Reading Comprehension)

What is necessary to achieve success?

- a) Luck b) Discipline and responsibility c) Expensive technology

What can change a teenager's future?

- a) Watching television b) Sleeping all day c) Good habits

What does technology allow students to do?

- a) Waste time only b) Learn and communicate c) Avoid responsibilities

What can distract students from school?

- a) Teachers b) Sports c) Social media

What do extracurricular activities teach?

- a) Laziness b) Discipline and teamwork c) Fear

How do some students become athletes or artists?

- a) By training every day b) By avoiding practice c) By quitting school

What should students do when they feel upset?

- a) Give up b) Continue working hard c) Stop learning

What are mistakes according to the text?

- a) The end of success b) Part of learning c) A punishment

What happens when students learn from failures?

- a) They become weaker b) They become stronger c) They stop trying

What will teenagers achieve if they continue studying?

- a) Nothing b) A better future c) More problems





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Exercise 3: Present Simple

Complete the sentences with the correct form of the verb

1. She always _____ (study) before exams.
2. They _____ (swim) every Saturday.
3. He never _____ (swear) at school.
4. We _____ (talk) during lunch break.
5. My teacher _____ (teach) English well.
6. Students _____ (try) to improve daily.
7. The athlete _____ (train) after class.
8. I _____ (understand) the lesson clearly.
9. My parents _____ (travel) every summer.
10. The boy _____ (sweep) the floor every morning



Exercise 4: Present Continuous

Complete using the present continuous.

1. She _____ (study) right now.
2. They _____ (swing) in the park.
3. I _____ (talk) to my best friend.
4. We _____ (train) for the competition.
5. He _____ (swim) in the pool.
6. The students _____ (try) to solve the exercise.
7. My mother _____ (vacuum) the living room.
8. The children _____ (throw) the ball.
9. You _____ (travel) to Mexico this week.
10. The teacher _____ (teach) grammar today.

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Exercise 5: Present Perfect

Complete the sentences with Present Perfect

1. I _____ (study) English for three years.
2. She _____ (swim) in that river before.
3. They _____ (travel) to Canada twice.
4. We _____ (understand) the instructions.
5. He _____ (take) the final exam already.
6. The students _____ (try) many solutions.
7. My father _____ (teach) mathematics for ten years.
8. You _____ (speak) very clearly today.
9. She _____ (sweep) the classroom.
10. They _____ (survive) many difficulties.



Exercise 6: Past Simple

Write the correct past form.

1. Yesterday I _____ (take) many notes.
2. She _____ (teach) us yesterday.
3. We _____ (swim) in the lake.
4. He _____ (throw) the paper away.
5. They _____ (travel) last month.
6. The dog _____ (tear) my homework.
7. I _____ (understand) the explanation.
8. She _____ (sweep) the kitchen floor.
9. The athlete _____ (strike) the ball hard.
10. We _____ (speak) with the principal.



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Exercise 7: Modal Verbs

Choose the correct modal verb.

1. Students _____ study every day.
a) should b) might c) shall
2. You _____ swim here. It is dangerous.
a) must not b) can c) would
3. She _____ travel next year if she saves money.
a) could b) must c) shall
4. We _____ help our classmates.
a) should b) might c) would
5. He _____ understand the lesson now.
a) can b) shall c) ought
6. Teenagers _____ respect school rules.
a) must b) could c) might
7. I _____ talk to the teacher later.
a) will b) may c) both are possible
8. You _____ swear at school.
a) shouldn't b) can c) shall
9. They _____ survive difficult situations together.
a) can b) might c) both are possible
10. Students _____ try harder before exams.
a) should b) shall c) might

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