

Quiz 2

Student Name		Grade		Subject	Biology	Date	5\5\2026
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The learning outcomes :

- Identify major nutrient groups and explain their importance
- Decide which food is healthy and unhealthy.

Question 1: Choose the suitable food group from the list: (4 Marks)



Question 2: Choose (Good) Healthy or (Bad) Unhealthy: (6 Marks)

Food Item	
	
	
	