

Vocabulary Quiz

Well-being

Unit 8

Group B

Name: _____ Class: _____

Total: ____/20

1 Complete these sentences with the names of the health problems the people have. The first letters of these words have been given.

I haven't eaten all day and now I've got a headache.

- 1 Fred has a terrible c _____. I could hear it last night.
- 2 Miranda drank hot tea with lemon to make her s _____ t _____ feel better.
- 3 Mr Jones didn't go to work yesterday because he felt i _____.
- 4 Eva can't play basketball because she's got a p _____ in her leg.
- 5 Mike ate two pizzas, so of course he's got a s _____ now! _____/5

2 Complete the sentences using the verbs in the box. There are more verbs than you need.

be	check	come out	feel
keep	lose	make	reduce

My doctor thinks I might be allergic to eggs, so I'm going to have some blood tests.

- 1 It's important to _____ good decisions about your health.
- 2 If I eat anything with nuts in it, I _____ in a rash.
- 3 It's easy to _____ your pulse – just press two fingers to your neck.
- 4 When I'm sick, I always _____ my appetite and I can't eat for a few days.
- 5 Use this app to _____ track of what you eat every day. _____/5

3 Complete the sentences by translating the part in Polish. Use phrasal verbs.

Amanda said she didn't feel well and then suddenly, she passed out (zemdlała).

- 1 Don't _____ (stresuj się) about your blood test – I'm sure the results will be fine.
- 2 Carla has _____ (cierpi na) headaches for the last two years.
- 3 You need a lot of rest – that's the best way to _____ (dojść do siebie po) your illness.
- 4 It's possible to _____ (trenować) at home – you don't really need any special equipment.
- 5 Before he _____ (zainteresował się) jogging, Tim hadn't done anything to keep fit. _____/5

4 Circle the correct words.

Ouch! I just bit my mouth / tongue.

- 1 She put her hands behind her neck / back to hide what she was holding.
- 2 I'm so thirsty that my lips / hips are dry.
- 3 My school bag is heavy and my shoulders / knees hurt from carrying it.
- 4 Nick broke his foot / finger and now he can't hold a tennis racket.
- 5 The doctor listened to my forehead / heart and said it sounded fine. _____/5