THINK 2nd EDITION

LEVEL 1

UNIT 3 DOCUMENTARY VIDEO

Name _____ Class _____ Date _____

THINK ABOUT

1 Work in groups. Discuss the types of food you like.

local food | international food | healthy food
fast food | sweet food | spicy food

BEFORE YOU WATCH

2 Look at the picture. What food is it? Where's it from?

OVERVIEW

3 Watch the video. Tick (✓) the foods that you see.

apples rice avocados cakes pizza tomatoes cheese
spaghetti milk peppers hot dogs
bananas oranges eggs

COMPREHENSION

4 Tick (✓) the things the speaker talks about. Watch the video again and check.

- Food and the environment ☐
- Restaurants ☐
- International food ☐
- Supermarkets ☐
- Healthy eating ☐

5 Choose the correct option A, B or C. Watch the video again and check.

1 Some food travels
A hundreds of miles.
B thousands of miles.
C ten thousand miles.

2 Nowadays people think more about
A eating international food.
B eating healthy food.
C eating pizzas and hot dogs.

3 In their gardens, people grow
A tomatoes and peppers.
B tomatoes and avocados.
C peppers and salad.

4 Chia seeds and avocados are examples of
A fast foods.
B dry foods.
C superfoods.

AFTER YOU WATCH

6 Choose the correct option.

1 In Asia you can try *street food* / *healthy food*.
2 It's important to think about how our food *travels* / *looks*.
3 People like to *grow* / *eat* vegetables in their garden.
4 Fruit and vegetables are *healthy* / *sweet* foods.
5 Superfoods have *normal* / *special* properties.

OVER TO YOU

7 Discuss the questions with your partner.

What's your favourite fruit or vegetable?
Where is it from?
How far does it travel to get to your town?
Does it grow in your country?

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LIVEWORKSHEETS