

MÃ SỐ 18

ĐỀ THI THỬ VÀO 10 HÀ NỘI 2026

[40 ĐỀ TINH HOA]

LỚP 9 | MÔN TIẾNG ANH – Thời gian: 60 phút

Mark the letter A, B, C, or D on your answer sheet to indicate the word whose underlined part differs from the other three in pronunciation in each of the following questions from 1 to 2.

Question 1: A. wounded B. routed C. wasted D. risked

Question 2: A. dedicate B. eliminate C. educate D. certificate

Mark the letter A, B, C, or D on your answer sheet to indicate the word that differs from the other three in the position of primary stress in each of the following questions from 3 to 4.

Question 3: A. image B. ignore C. include D. improve

Question 4: A. politician B. genetics C. artificial D. controversial

Mark the letter A, B, C or D on your answer sheet to indicate the correct answer to each of the following questions from 5 to 12.

Question 5: The homestay room in the countryside was _____ as my own bedroom, so I slept very well.

A. the cleaner B. more clean C. cleaner D. as clean

Question 6: The stadium was _____ excited fans, and the noise could be heard from far away.

A. filled with B. keen on C. different from D. able to

Question 7: The job market is changing because of new technology and strong _____ between companies.

A. compete B. competitive C. competition D. competitively

Question 8: At a cultural festival, ...

Ben: "Your traditional outfit is beautiful, and the colors are lovely."

Ms. Hien: "Thank you so much."

Ben: "_____"

A. Can I borrow it right now? B. You must tell me the price.

C. Where did you get it? I'd like to buy one. D. I think it's okay, not beautiful.

Question 9: You should go by _____ bus if you want to see the sights.

A. the B. an C. a D. Ø

Question 10: I _____ English at 7 p.m. last night.

A. was learned B. learned C. learn D. was learning

Question 11: If I knew which electronic device you needed, I _____ a good one for your study.

A. give B. can give C. will give D. would give

Question 12: I _____ watch cartoons after school, but I prefer sports videos now.

A. am used to B. get used to C. used to D. am used

Read the following announcement and mark the letter A, B, C, or D on your answer sheet to indicate the correct option that best fits each of the numbered blanks from 13 to 16.

HEALTHY LIVING WEEK

Ready to feel better and study smarter? Join our Healthy Living Week from Monday, 15 March to Friday, 19 March. Each day starts with a 10-minute stretch at 7:10 a.m. in the school yard, and lunchtime booths will share easy tips on sleep, water, and balanced meals. You can also book a free BMI check with the school nurse.

Bring (13) _____ water for the morning stretch, and wear comfortable shoes. Please register (14) _____ the

PE Office desk before 4:00 p.m. on 12 March.

Main event: the (15) _____ challenge on Thursday—walk 6,000 steps and record them in your class log.

To keep energy up, choose (16) _____ instead of fried snacks at the canteen.

Question 13: A. a bottle of B. a slice of C. a piece of D. a pair of

Question 14: A. in B. at C. on D. to

Question 15: A. energy B. routine C. fitness D. health

Question 16: A. chips B. candy C. noodles D. fruit

Mark the letter A, B, C, or D on your answer sheet to indicate the correct answer to each of the following questions from 17 to 18.

(17) _____ Many people love the ocean, but they forget how closely it connects to their own lives.

When plastic reaches the sea, it can return through food, beaches, and even storms. (18) _____

Protecting Earth becomes easier when we notice these hidden links.

Question 17: Choose the sentence that can **BEGIN** the text most appropriately.

A. People should learn more about nature, not only from school but also from real life.

B. The ocean may feel far away, but it affects the air, the weather, and life on land.

C. Plastic pollution looks like a small problem, yet it can harm animals and beaches over time.

D. Planet Earth works like a system, where one small change can travel far.

Question 18: Put the sentences (a–c) in the correct order, then fill in the blank to make a logical text.

a. Seeing these changes close to home helps people learn faster and keep the habit.

b. A reusable bottle may seem minor, yet it can cut daily waste for months.

c. When many people do the same, cleaning one river can even improve the water downstream gradually.

A. a – b – c

B. b – a – c

C. c – a – b

D. b – c – a

Mark the letter A, B, C, or D on your answer sheet to indicate the correct option that best fits each of the numbered blanks from 19 to 24.

Living in the mountains can be very hard. First, there is (19) _____ to grow crops or raise livestock. Building houses is also difficult (20) _____ the land is not flat. The air in the mountains is another problem. The higher we get, the thinner the air becomes. This means there is less oxygen, which makes breathing harder.

Despite these challenges, people around the world have lived and worked in mountainous areas for centuries. There are many health **benefits** of living in the mountains. Being on the mountaintops (21) _____ you to live far from pollution. The air you breathe is fresher. There are (22) _____ not drive a car or a motorbike, so you (23) _____ walk. Travelling up and down hills and mountains on foot helps keep (24) _____. Finally, mountain people are quite simple and friendly. They live a peaceful life.

Question 19: A. enough not land

B. land not enough

C. not enough land

D. land enough not

Question 20: A. because

B. although

C. moreover

D. therefore

Question 21: A. lets

B. gets

C. helps

D. allows

Question 22: A. you whose places can

B. places where you can

C. places which can you

D. you who can places

Question 23: A. need to

B. should

C. have to

D. can

Question 24: A. you are active

B. active you

C. active you are

D. you active

Mark the letter A, B, C or D on your answer sheet to indicate the sentence that is closest in meaning to the original sentence in each of the following questions from 25 to 26.

Question 25: "I helped the old lady cross the road," said the teacher.

- A. The teacher said I helped the old lady cross the road.
- B. The teacher said she would help the old lady cross the road.
- C. The teacher said she had helped the old lady cross the road.
- D. The teacher said she helped the old lady cross the road.

Question 26: I have never watched a better movie than this one.

- A. This movie is a good movie I have ever watched.
- B. This is the best movie I have ever watched.
- C. This movie is as good as the one I have ever watched.
- D. The movie I have ever watched isn't better than this one.

Mark the letter A, B, C or D on your answer sheet to indicate the sentence that is best made from the given cues in each of the following questions from 27 to 28.

Question 27: Children / need / teachers' encouragement and patience / build / confidence / and / improve / learning.

- A. Children need teachers' encouragement and patience so as they can build confidence and improve their learning.
- B. Children need teachers' encouragement and patience in order building confidence and improving their learning.
- C. Children need teachers' encouragement and patience so that to build confidence and improving their learning.
- D. Children need teachers' encouragement and patience to build confidence and improve their learning.

Question 28: The tour guide / be / very informative / we / learn / a lot / the history / the city.

- A. The tour guide was so informative that we learned a lot of the history about the city.
- B. The tour guide was so informative, we learned a lot about the history of the city.
- C. The tour guide was very informative, because we learned a lot about the history of the city.
- D. The tour guide was very informative, so we learned a lot about the history of the city.

Read the following notice or message and mark the letter A, B, C or D on your answer sheet to indicate the correct answer to each of the following questions from 29 to 30.

Question 29: What does the notice mean?

- A. You can use the VR chat room only if you book it one day earlier.
- B. The VR chat room is free, so you can use it as long as you like.
- C. When other people are waiting, each user can stay only for a short time.
- D. Only staff members can use the VR chat room during busy hours.



Question 30: What does the message mean?

- A. The writer is going home with the rest of the group this Sunday.
- B. The writer's going on a boat with some members of the group this Sunday.
- C. The writer is going out with the whole group this Sunday.
- D. The group is returning home this Sunday.



Read the following passage and mark the letter A, B, C or D on your answer sheet to indicate the correct answer to each of the following questions from 31 to 36.

Gender inequality affects both men and women around the world. While women often face more challenges, men also experience unfair treatment in certain areas. Understanding these problems is the first step to creating a fairer society.

In many countries, women still earn less money than men for doing the same job. They also have fewer chances to become company leaders or government officials. Women often do most of the housework and childcare, even when they work full-time jobs. In some places, girls receive less education than boys because families believe educating sons is more important.

However, men face their own challenges too. Society expects men to **suppress** their feelings and act tough all the time. This pressure can harm their mental health. In many countries, fathers get very little or no time off work when their babies are born, while mothers get several months. Courts often favor mothers in child custody cases, making it harder for fathers to spend time with their children after divorce.

To achieve true equality, we must address problems that affect everyone. Both women and men should have equal opportunities at work and at home. We need to **dismantle** old beliefs that limit what people can do based on their gender. When society treats all people fairly, regardless of whether they are male or female, everyone benefits.

[Adapted from Global Gender Gap Report 2023]

Question 31: Which of the following is **NOT mentioned** as a challenge women face in the passage?

- A. Earning less than men for doing the same job.
- B. Doing most housework and childcare even with full-time work.
- C. Having fewer chances to receive medical care in rural areas.
- D. Having fewer chances to become leaders in companies or government.

Question 32: The word "**suppress**" in paragraph 3 is closest in meaning to:

- A. express
- B. hide
- C. share
- D. understand

Question 33: Based on the passage, why might some men struggle with mental health problems?

- A. They have fewer chances to become company leaders than women do.
- B. They are expected to hide feelings and act tough, which creates pressure.
- C. They do most childcare at home while also working full-time jobs.
- D. They are given several months off work when their babies are born.

Question 34: The word "**dismantle**" in paragraph 4 is **OPPOSITE** in meaning to:

- A. destroy
- B. remove
- C. establish
- D. question

Question 35: Which action would best support the passage's goal of "true equality"?

- A. Giving mothers more custody rights because they often raise children alone.
- B. Encouraging fathers to work more hours so families can earn higher incomes.
- C. Paying women more than men to make up for past unfair treatment.
- D. Providing equal chances at work and sharing housework more fairly at home.

Question 36: Which of the following best summarises the main idea of the passage?

- A. The biological differences between men and women in modern workplaces.
- B. The historical development of gender roles in traditional Asian families.
- C. The need to solve unfair treatment for both men and women to build a fair society.
- D. The legal process of deciding child custody for parents after a divorce.

Four phrases/sentences have been removed from the text below. For each question, mark the letter A, B, C or D on your answer sheet to indicate the correct option that best fits each of the numbered blanks from 37 to 40.

Recently, I noticed a trend among young people: mixing “micro-adventures” with everyday life. Instead of planning one big trip, (37) _____. I tried this idea with two friends. We used an app to pick a random café in another district, then walked there without taking the fastest route. On the way, we filmed a few short clips, but (38) _____. It felt exciting and simple at the same time, like we were traveling inside our own city.

This made me think about how our experiences are changing because of social media, AI, and busy schedules. Some (39) _____. Others argue that sharing helps us stay motivated and find new communities. I’m somewhere in the middle. I like using technology to discover places and plan better, but I don’t want it to control the experience. Maybe the best approach is balance: use apps to open doors, then put the phone away and be present. In the end, (40) _____ when we focus on people, small details, and real time together.

- A. people say trends push us to “collect” moments for photos, not for real feelings
- B. they go on short experiences like a sunrise ride, a weekend hike, or a new street-food tour
- C. we also agreed not to post anything until the end
- D. our experiences become more meaningful

Question 37: _____. Question 38: _____. Question 39: _____. Question 40: _____.