3 CHECK YOUR UNDERSTANDING

READING SKILL Find the main idea

The main idea is what the writer wants you to know about the topic. To find the main idea, first find the topic. Then ask yourself: What does the writer want to tell me about this topic?

A READING SKILL **Read the Reading Skill. Answer the questions.**

1. The topic of the article is using electronic _____ .
2. What is the main thing the writer wants to tell you about the topic?
   a. Our devices are not good for our health.
   b. The time that people spend on their devices is increasing.
   c. It is a good idea to spend some free time without devices.

B DETAILS **Check all the correct answers.**

1. According to the article, what can happen when people are "tied to their devices"?
   a. ___ They don't have enough time.
   b. ___ They don't listen carefully.
   c. ___ They don't remember things.
   d. ___ They don't make a lot of friends.
   e. ___ They often don't sleep well.
   f. ___ They don't do well in school.
2. In which countries do people spend more than 450 minutes a day in front of a screen?
   a. ___ United Kingdom
   b. ___ Brazil
   c. ___ China
   d. ___ Mexico
   e. ___ Vietnam
   f. ___ South Korea
3. According to the article, what are some positive things about doing nothing?
   a. ___ You can be creative.
   b. ___ You can think about other people.
   c. ___ You can get some great ideas.
   d. ___ You can remember better.
   e. ___ You can rest your brain.
   f. ___ You can meet new people.

C FOCUS ON LANGUAGE **Read. What do the underlined words mean?**

1. Almost everyone is using <u>at least one</u> device.
   a. Almost everyone is using one device.
   b. Almost everyone is using one or more devices.
2. When people use their devices, they often <u>don't pay close attention</u> to what is happening around them.
   a. People don't watch or listen carefully to what is happening around them.
   b. People are far away from things that are happening around them.

LIVEWORKSHEETS