

Visiting the Doctor

Doctor: Hello! What's the problem?

Patient: Hi, doctor. I feel terrible after my trip to the beach. I think I'm sick.

Doctor: Oh no! Tell me, what's wrong?

Patient: I have a **headache**.

Doctor: I see. **It's important to** rest and avoid the sun. Do you have any other symptoms?

Patient: Yes, I have a **cough** too.

Doctor: Okay. **It's a good idea to** drink warm tea. Anything else?

Patient: Yes, I also have **a fever**.

Doctor: **You should** take some medicine and drink a lot of water.

Patient: And my back hurts. I have a **backache**.

Doctor: I understand. **It's important to** rest your back and not carry heavy things.

Patient: What do you think I have?

Doctor: I think you have **the flu**. **It's important to** stay at home and sleep well.

Patient: Thank you, doctor!

Doctor: You're welcome. Get well soon!



Useful Expressions (Suggestions)

- It's important to + verb
- It's a good idea to + verb
- You should + verb
- It's helpful to + verb

Examples:

It's important to rest.

You **should drink** water.

Health Problems Vocabulary

- a headache
- a cough
- a fever
- a backache
- the flu
- a sore throat
- a toothache
- a burn

Exercise 1: Reading Comprehension

1. The patient feels:

- a) happy
- b) terrible
- c) fine

2. The patient has:

- a) a headache and a cough
- b) a toothache
- c) a burn

3. The doctor says the patient has:

- a) a cold
- b) the flu
- c) a stomachache

Exercise 2: Match Problem and Advice

- 1. a headache ____
- 2. a cough ____
- 3. a fever ____
- 4. a backache ____

- a) drink warm tea
- b) take medicine
- c) rest your back
- d) rest and avoid the sun

Exercise 3: Complete the Sentences

Use: rest – drink – take – sleep

- 1. It's important to _____ well.
- 2. You should _____ water.
- 3. It's a good idea to _____ medicine.
- 4. It's important to _____ at home.