21st Century Reading 1

Unit 1 Life Changes

A. Fill in the blanks.

courage	confident	documentary
attitude	curator	impact
lifestyle	sequence	opinion
	fact	

1. A _____ is something true, like "The sun is hot."
2. An _____ is what you think, like "Ice cream is the best."
3. It takes _____ to speak in front of many people.
4. The museum _____ chooses which art to show in the exhibit.
5. Her positive _____ helped her finish the difficult project
6. The teacher's kind words had a big _____ on the students.
7. The teacher asked us to put the story events in the correct _____: first, middle, and end.
8. Eating vegetables is part of a healthy _____.
9. We watched a _____ about dinosaurs on Netflix.
10. He feels _____ when he answers English test questions.

B. Choose the best answer.

1. If someone is **stuck in a rut**, what does it mean?

   a) They are living a healthy lifestyle
   b) They feel bored and do the same things every day
   c) They are confident about their future
   d) They are watching a documentary

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2. The phrase **turns out** means:

   a) The result is surprising or different from what was expected
   b) A fact that can be proven true
   c) To attach something to an email
   d) To show courage in public

3. If you **give something a shot**, what are you doing?

   a) You are curating an art exhibit
   b) You are writing a sequence of events
   c) You are making a strong opinion
   d) You are trying it for the first time

4. To **shake up one's life** means:

   a) To guarantee success in school
   b) To watch a documentary about animals
   c) To make big changes in your lifestyle
   d) To feel fragile and overwhelmed

5. A **guarantee** is:

   a) A promise that something will happen
   b) A curator in a museum
   c) A confident attitude
   d) A tremendous impact

C. Sentence making

1. What do you want to improve about yourself? Why?

2. What will be your first step in this goal?

3. Do you think you can achieve this goal?

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