

Tên: .....



Week: 32

Lớp: S7...

Từ vựng HW: .....

Ngày giao bài: Thứ ....., ngày ...../.....

Nghe HW: .....

Ngày nộp bài: Thứ ....., ngày ...../.....

## GE7 – UNIT 5: THE GREAT OUTDOORS – VOCABULARY REVISION

### A. THEORY

#### I. VOCABULARY REVISION

##### - Outdoor Equipment & Activities

No.	New words	Meanings	No.	New words	Meanings
1	<b>first-aid kit</b> (n)	hộp dụng cụ sơ cứu	4	<b>skydiving</b> (n)	(môn thể thao) nhảy dù
2	<b>filter</b> (v)	lọc (nước / không khí)	5	<b>bungee jumping</b> (n)	nhảy bungee
3	<b>navigate</b> (v)	định hướng, tìm đường			

##### - Personal Qualities & Feelings

No.	New words	Meanings	No.	New words	Meanings
1	<b>vitality</b> (n)	năng lượng, sức sống	3	<b>state of mind</b> (phr.)	trạng thái tinh thần
2	<b>bridge the gap</b> (phr.)	thu hẹp khoảng cách	4	<b>identify</b> (v)	nhận diện, xác định

##### - Adventure Sports

No.	New words	Meanings	No.	New words	Meanings
1	<b>parachute jump</b> (n)	nhảy dù	4	<b>scuba-diving</b> (n)	lặn có bình dưỡng khí
2	<b>wetsuit</b> (n)	đồ lặn / đồ bơi giữ ấm	5	<b>snort</b> (v)	khịt mũi, hít mạnh qua mũi (thường vì tức cười hoặc khó chịu)
3	<b>kayaking</b> (n)	chèo thuyền kayak	6	<b>in the highest of spirits</b> (idiom)	vô cùng vui vẻ, phấn khởi

##### - Others

No.	New words	Meanings	No.	New words	Meanings
1	<b>landscape</b> (n)	phong cảnh, cảnh quan	6	<b>flightless</b> (adj)	không biết bay (dùng cho chim / động vật)
2	<b>province</b> (n)	tỉnh	7	<b>steadily</b> (adv)	đều đặn, liên tục
3	<b>inhabit</b> (v)	sinh sống, cư trú ở nơi nào đó	8	<b>urge</b> (v)	thúc giục, kêu gọi
4	<b>coral reef</b> (n)	rạn san hô	9	<b>vivid</b> (adj)	sống động, rõ ràng (dùng cho hình ảnh / kí ức / miêu tả)
5	<b>be made up of</b> (phr.v)	được cấu tạo từ, bao gồm			

#### II. CAMBRIDGE VOCABULARY

No.	New words	Meanings	No.	New words	Meanings
1	<b>business trip</b> (n)	chuyến công tác	4	<b>free entrance</b> (n)	vé vào miễn phí
2	<b>suit</b> (v)	phù hợp / đáp ứng	5	<b>author talk</b> (n)	buổi nói chuyện của tác giả
3	<b>take out membership</b> (phr.)	đăng ký thành viên	6	<b>on second thoughts</b> (idiom)	suy nghĩ lại

## B. CLASSWORK (16 questions)

I. Fill in the blanks with the correct words in the box. Use each word ONCE only.

vitality	navigate	inhabit	vivid	steadily
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**Anna:** Hey, Mike. Have you been to Ha Long Bay before?

**Mike:** Yes, last summer! The coral reefs there are absolutely stunning. So many colorful fish (1) \_\_\_\_\_ the waters around the islands.

**Anna:** Amazing! I heard the landscape is beautiful too.

**Mike:** It really is. I still have such (2) \_\_\_\_\_ memories of the scenery - the green hills, the clear water. I'll never forget it.

**Anna:** Did you go kayaking? I heard it's hard to (3) \_\_\_\_\_ through some of the narrow caves.

**Mike:** We did! It was tricky at first, but we got better (4) \_\_\_\_\_ as the day went on.

**Anna:** I'd love to try that. Just being outdoors gives me so much (5) \_\_\_\_\_. I always feel so alive after a trip like that!

II. Write the words/phrases based on the definitions and clues given.

1. f _____	to pass liquid or air through a device in order to remove unwanted substances
2. i _____	to recognise and be able to name someone or something
3. l _____	the natural scenery of an area of land, including hills, rivers, and forests
4. c _____ r _____	a large underwater structure made of coral, found in warm shallow seas and home to many sea creatures
5. p _____ j _____	the act of jumping from an aircraft and landing safely using a parachute

III. For each question, choose the correct answer A, B, or C.

### Adventure in New Zealand

#### A. Chris

Chris is a travel guide who works in the South Island of New Zealand. He leads groups through some of the most breathtaking landscapes in the country. Before every trip, he always makes sure the group has a first-aid kit and knows how to navigate the trails safely. He says being outdoors gives him enormous vitality and he cannot imagine working indoors.

#### B. Maya

Maya is a marine biologist who moved to New Zealand three years ago. She spends most of her time studying the coral reefs off the northern coast and identifying the sea creatures that inhabit them. She always wears a wetsuit when she goes scuba-diving, even in summer. Her friends say she is always in the highest of spirits after a day underwater.

#### C. Daniel

Daniel is an adventure sports instructor who teaches skydiving and bungee jumping. He urges all his students to stay calm and focus on their state of mind before jumping. He believes that fear steadily disappears once you try something new. Last month, he did a parachute jump over a famous province in the South Island and said the view was the most vivid memory of his life.

#### Questions

- Who makes sure their group is prepared for emergencies on the trail? → \_\_\_\_\_
- Who studies sea life and the environment underwater? → \_\_\_\_\_
- Who teaches people to do extreme sports? → \_\_\_\_\_
- Who is always very happy after doing their favourite activity? → \_\_\_\_\_
- Who says that negative feelings slowly go away when you face a challenge? → \_\_\_\_\_
- Who feels full of energy and life when spending time outside? → \_\_\_\_\_

## C. HOMEWORK

### VOCABULARY (18 questions)

#### I. Con học thuộc nghĩa của từ, chỉnh phát âm theo từ điển và chép mỗi từ ở phần II. Cambridge Vocabulary (trang 1) 1 dòng vào vở ghi.

#### II. Choose the correct answers.

- The tropical rainforest \_\_\_\_\_ thousands of rare species of birds and insects.  
A. filters                      B. navigates                      C. inhabits                      D. identifies
- She wore a \_\_\_\_\_ to keep warm during the scuba-diving session in the cold water.  
A. first-aid kit                      B. parachute                      C. wetsuit                      D. coral reef
- The whole team was in the \_\_\_\_\_ of spirits after completing the bungee jumping challenge together.  
A. highest                      B. flightless                      C. vivid                      D. steadily
- He tried to \_\_\_\_\_ the mountain path using only a paper map and a compass.  
A. filter                      B. urge                      C. inhabit                      D. navigate
- The memory of her first parachute jump was so \_\_\_\_\_ that she could recall every detail years later.  
A. flightless                      B. steadily                      C. vivid                      D. state of mind
- The tour guide always carries a \_\_\_\_\_ in case anyone gets injured on the trail.  
A. first-aid kit                      B. wetsuit                      C. landscape                      D. province

#### III. Read the text and choose the correct words to fill in the blanks. Write ONE WORD ONLY for each blank.

Lisa always dreamed of exploring the ocean, and last spring she finally got the chance. She travelled to a remote province in the south of the country, where the coastline stretched for miles and the landscape was unlike anything she had ever seen before. The sea there was part of a protected national park, made up of hundreds of small islands covered in thick jungle. Local fishermen told her that rare sea turtles and colourful fish still inhabit the waters around the islands, and that the coral reef nearby was one of the most beautiful in the region.

Lisa prepared carefully before the trip. She took scuba-diving lessons every weekend and steadily improved her skills in the pool. Her instructor always urged her to stay calm underwater and focus on her state of mind rather than her fear. On the morning of her first real dive, she put on her wetsuit and made sure the first-aid kit was nearby just in case.

Beneath the surface, the world was completely silent. She could identify dozens of species she only ever saw in books. The colours were so vivid that she felt as though she was swimming inside a painting. When she finally came back up and climbed onto the boat, she was in the highest of spirits and could not stop laughing with joy.

- Lisa travelled to a remote \_\_\_\_\_ in the south of the country.
- The \_\_\_\_\_ there was unlike anything she had ever seen.
- Rare sea turtles and fish still \_\_\_\_\_ the waters around the islands.
- Lisa \_\_\_\_\_ improved her skills during her weekend lessons.
- Her instructor urged her to focus on her \_\_\_\_\_ of mind underwater.
- The colours were so \_\_\_\_\_ that she felt like swimming inside a painting.

#### IV. Rearrange the words/phrases to make complete sentences.

- vivid. / the coral reef / so / were / The colours / above  
→ \_\_\_\_\_
- to navigate / used / He / through the cave. / a map / carefully  
→ \_\_\_\_\_

3. the landscape. / the highest / She / when / in / of spirits / saw / was / she  
→ \_\_\_\_\_
4. a first-aid kit / always / on / carries / She / every hiking trip.  
→ \_\_\_\_\_
5. his state of mind / The instructor / before / urged / to focus on / him / the parachute jump.  
→ \_\_\_\_\_
6. many rare species / Scientists / in / the coral reef. / identified  
→ \_\_\_\_\_

### CAMBRIDGE LISTENING PRACTICE (12 questions)

Lưu ý:

1. Khi làm bài tập có từ mới, các con phải tra từ điển. Sau khi tra từ điển, các con chép mỗi từ mới **1 dòng** để ghi nhớ.
2. Các con gạch chân các từ khoá chính trong bài.

#### I. PET Part 1

Con làm bài nghe theo link/code sau:

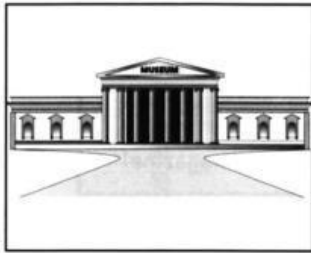
<https://soundcloud.com/ms-chi-english/collins-pet-test-4-part-1>



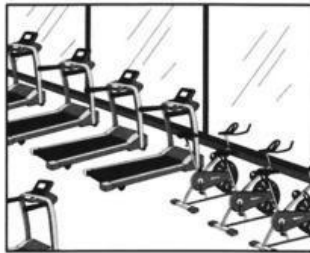
#### Questions 1–7

For each question, choose the correct answer.

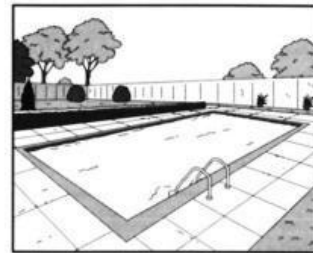
- 1 Which activity wasn't available?



A

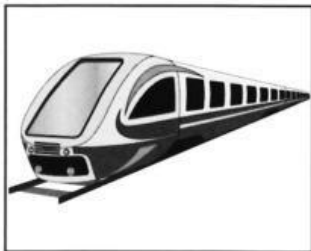


B

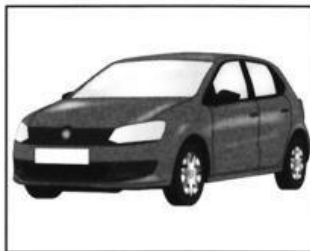


C

- 2 How does the man travel if there's a problem?



A



B

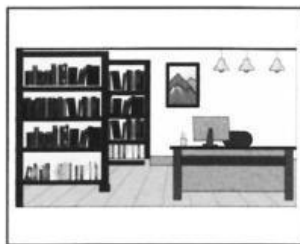


C

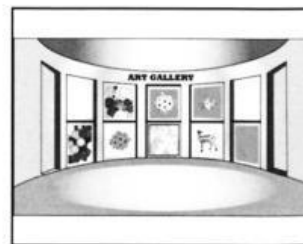
- 3 What is the building going to be used for?



A

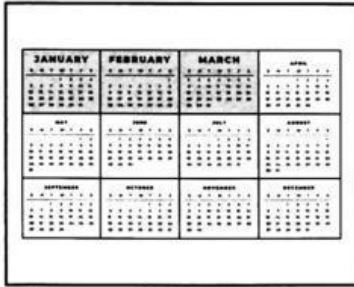


B

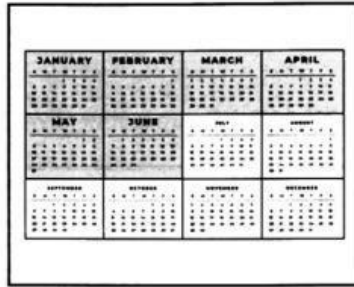


C

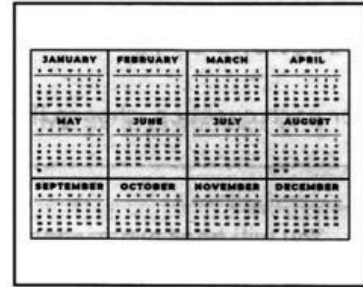
4 Which membership allows a person to attend a presentation?



A



B



C

5 When does the woman want to book a library computer?

Monday	Tuesday	Wednesday
19	20	21

A

Monday	Tuesday	Wednesday
19	20	21

B

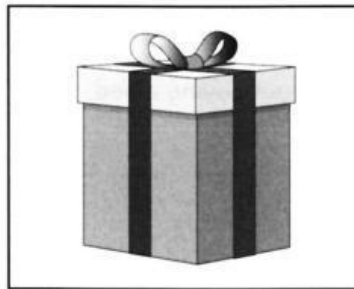
Tuesday	Wednesday	Thursday
20	21	22

C

6 What is the man doing on Saturday?



A



B

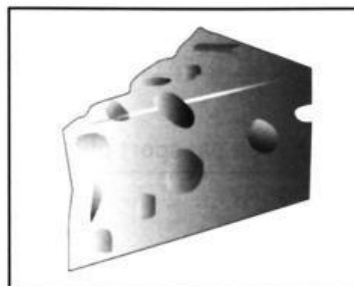


C

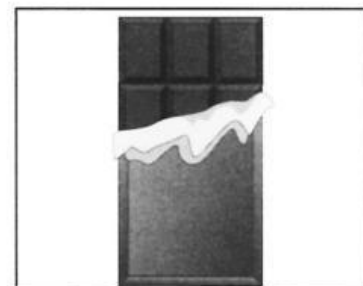
7 Which item of food has the man's mother tried before?



A



B



C

## II. Extra Listening

Con làm bài nghe theo link/code sau (từ câu 1-5):  
<https://soundcloud.com/ms-chi-english/collins-pet-test-4-part-1>



Listen to the audio again and decide if the statements are True or False.

1. The woman didn't have enough time to visit the museum. → \_\_\_\_\_
2. The man uses his car to go to work every day. → \_\_\_\_\_
3. The building will definitely be used as flats. → \_\_\_\_\_
4. A six-month membership allows people to attend an author talk. → \_\_\_\_\_
5. The woman wants to book a computer for Wednesday. → \_\_\_\_\_