ADVENTURE HOLIDAYS: MORE THAN JUST A BREAK

Read the text and write in the correct word: on, off, off, back, behind, in, out, on, up, most,

For many people, a holiday is a chance to relax, but for others, it's an opportunity to leave their worries (1)_____ and try something new. Adventure holidays are becoming more popular, especially among those who want to make the (2)_____ of their day (3)_____ or longer breaks.

Some travelers save (4)_____ for months before they go (5)_____ an exciting experience like mountain climbing or kayaking. On the first day, they often set (6)_____ early in the morning, ready for a challenge. Although these trips can be tiring, participants rarely feel they miss (7)_____ on anything—in fact, they often gain unforgettable memories.

Even busy people try to fit (8)_____ a short adventure during the year. Whether it's a weekend hike or a cycling trip, they simply enjoy the experience before they have to head (9)_____ to their everyday lives. After all, adventure holidays are not just about excitement—they're also a great way to feel free and alive.



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