Reading

1 SPEAKING **Look at the two photos above and answer the questions.**

1 Do you like watching cat videos or taking selfies?
2 What can you see in the photos?

2 Read the texts. Which three universities do they mention? What did each university find out?

Exam tip

You are going to do a True/False reading exercise. What do you think is a good procedure for doing this type of exercise?

3 04 **Read the texts again and decide if the statements are True (T) or False (F). Write the number(s) of the line(s) where you found the answer.**

1 Today nobody believes that the Colour Test tells us what type of person we are. T / F .....
2 In the test at the University of California people first had to tell the psychologists their favourite colour. T / F .....
3 Indiana University found that people watch cat videos around five times a week on average. T / F .....
4 People who often watch cat videos are usually quite sad. T / F .....
5 The University of Toronto asked 200 students to submit their favourite selfie. T / F .....
6 People who take selfies always have a high opinion of how they look in photos. T / F .....

4 What do the underlined words in the texts mean? Guess and then check in your dictionary.

5 Critical thinkers

In your opinion, what do your daily activities and preferences say about your personality?

What makes you say that?

Use ideas in the text and/or other facts, opinions and experiences to justify your opinion. Then share your ideas with a partner.

The Colour Test

Everybody knows the Colour Test. You choose your favourite colour and then find out what it says about your personality. Well, some people are changing their minds about the Colour Test. It seems we usually like colours because we like objects that are always or usually that colour. That's what psychologists at the University of California discovered in a 2010 study. They asked people if they loved or disliked 200 objects. From that information, they could predict the person's favourite colour with 80% accuracy. So, for example, if you love the sea and the sky, there's a strong possibility that your favourite colour is blue.

YouTube Cat Videos

Right now, thousands of people are probably watching YouTube™ cat videos. How often do YOU watch cat videos? Choose your answer.
(1) never **(2)** less than once a month **(3)** two or three times a month **(4)** once a week **(5)** two or three times a week **(6)** once a day **(7)** more than once a day
Seven thousand people replied to this question in an Internet survey about personalities conducted by Indiana University's Media School. The average answer was somewhere between answers 5 and 6. According to the survey, people who answered 6 or 7 are generally more likeable than the rest. But it found that they are also often shy. However, they are people who receive a lot of affection from others. So, they don't watch cat videos because they need attention or human company. In fact, they are often more cheerful than people who rarely watch cat videos.

Selfie Fans

Some people are always taking selfies! What about you? Choose a sentence.
(1) I never take selfies, or maybe just once or twice a year.
(2) I rarely take selfies, maybe just one or two a month.
(3) I often take selfies, at least once a week.
When you take a selfie, how (a) attractive and (b) likeable do you think you appear in the selfie? Give yourself a mark from 1 (not very) to 7 (very).
A study from the University of Toronto separated 200 students into two groups, one with people who often take selfies and another that rarely or never take selfies. They all took a selfie in a lab and then said how attractive and likeable they thought they appeared in the selfie. Then the researchers asked external assessors to give the selfies a mark for attractiveness and likeability. The external mark and the mark from people who rarely or never take selfies was very similar. But people who often take selfies generally gave themselves a higher mark than the external assessors. They see themselves as more attractive and likeable than other people see them. Curiously, this was only true with selfies, not with photos that other people took of them.

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LIVEWORKSHEETS