

## Lesson B *too, too much, too many, and enough*

### Common errors

Use *too many* with plural countable nouns.

I ate *too many* cookies.  
(NOT I ate ~~too much~~ cookies.)

- A Complete the online forum conversation with *too, too many, too much, and enough*.

A few months ago, I completely changed my eating habits. I used to eat too much sugar, \_\_\_\_\_ processed fat, and \_\_\_\_\_ take-out meals. I also didn't eat my meals slowly \_\_\_\_\_ because I was always rushing out somewhere. My mother was always saying 'You eat \_\_\_\_\_ quickly.' or 'You're not eating \_\_\_\_\_ protein,' and as for fast food, I know I definitely ate \_\_\_\_\_. I really thought my mom complained \_\_\_\_\_, but actually I guess I didn't pay \_\_\_\_\_ attention to her. I got sick! The doctor said my diet wasn't healthy \_\_\_\_\_ and said I needed to change it. He also told me that I needed more vitamins and that I wasn't getting \_\_\_\_\_. No surprise there! So I changed my diet. In the end, it was simple \_\_\_\_\_ to do. Now I'm eating a lot of raw vegetables – I guess you can't eat \_\_\_\_\_ of those! I feel great. And guess what? My mom can't say I don't eat well \_\_\_\_\_. Not now!

#### COMMENTS:

Good for you! You should never be \_\_\_\_\_ busy to look after your health! \_\_\_\_\_ junk food and \_\_\_\_\_ sweets are not good for you.