VOCABULARY Feelings

A Find eight words for feelings in the wordsquare. Look →, ↓ and ↘.

U	W	G	A	H	T	I	R	E	D
H	A	P	P	Y	E	W	R	X	I
L	N	N	P	T	I	M	E	C	H
O	G	A	N	T	E	T	L	I	O
L	R	M	B	O	I	U	A	T	H
N	Y	W	I	T	Y	R	X	E	B
R	I	E	N	Y	L	E	E	D	N
S	T	R	E	S	S	E	D	R	M
A	E	S	R	S	O	S	I	H	S
D	S	I	Y	I	B	D	A	V	N

B Label the pictures with the words

1 *tired*

2 .....

5 .....

6 .....

7 .....

C Put the words in exercise A into two columns: positive and negative.

positive	negative
.....	*sad*
.....	.....
.....	.....
.....	.....

D Match the sentence beginnings 1–7 to the endings a–g.

1 We all cried
2 I'm really looking forward
3 We have to do
4 He fell
5 We had to
6 I smiled when
7 She really shouted

a) wait an hour for the train to arrive.
b) a really difficult test tomorrow.
c) at the man who caused the accident.
d) when Fluffy died.
e) I heard the good news.
f) asleep during the film.
g) to my holiday in Finland.

E Write the feeling to describe the sentences in exercise D.

1 *sad*
2 .....
3 .....
4 .....
5 .....
6 .....
7 .....

3 .....

4 .....

8 .....

LIVEWORKSHEETS

READING

Language note

An *agony aunt* is a woman whose job is to give advice on personal problems in a newspaper or magazine by answering people's letters. The part of the newspaper or magazine where you find these letters is called an *agony column* or *advice column*.

A Read the problems and write the person's name.

1 Who is annoyed? ...Kim...
2 Whose back hurts? .....
3 Who is worried? .....
4 Who is sad? .....
5 Who is stressed? .....

B Match a problems 1–5 with the pieces of advice a–e.

C Read the problems again and circle the correct answer.

1 Tony has smoked for **ten / eleven** years.
2 Ellie's boss is a **man / woman**.
3 Lara can't think about her **boyfriend / work** at the moment.
4 Pritpal's doctor **helped / didn't help** him get better.
5 Kim's boyfriend wants to **continue / end** their relationship.

D Read the advice again and complete these statements.

1 The most important thing for Tony to do is .....
2 Ellie should tell her boss how .....
3 Lara should forget about .....
4 Pritpal should ask ..... for help.
5 Kim should tell her boyfriend .....

What's your problem?

Write in and share your problems with Agony Aunt Annie

Health advice

1 Every morning when I get up I cough for about ten minutes. I think it's getting worse. I started smoking when I was fifteen and I'm now twenty-six. I'm worried that this cough is because of my smoking. What should I do?
Tony

2 I'm having a difficult time at work at the moment. My boss is not a patient person and she is making me do more and more. I'm feeling really stressed and I don't know if I can continue like this.
Ellie

3 I have a bad back. It hurts a lot when I am sitting at my desk or in an armchair. I can't carry anything. I've seen my doctor but he just told me to take an aspirin. I don't know what to do.
Pritpal

Relationship advice

4 My boyfriend left me recently and **broke my heart**. I can't think about my studies and I can't stop crying. I don't want to speak to anyone at the moment. When is it going to stop hurting?
Lara

5 I don't love my boyfriend anymore. I've met someone else, who I want to be with. I want to **finish with** him but every time I try to tell him he gets upset and cries, and when he cries I feel annoyed. What can I do?
Kim

(a) It should stop when you finally accept it, and move on. You should think about the future and start enjoying your freedom. You should meet other people and forget about the past.

(b) First, you should see your doctor and find out if there is a problem. Second, you should stop smoking. You can look forward to a happy and healthy life, if you stop now.

(c) Nobody wants to be with someone who doesn't love them, so you should tell him the truth. It isn't going to be easy and he may get upset, but in the end it's the best thing for both of you.

(d) You should maybe try to sit down with her and tell her how you feel. Maybe she doesn't know you feel stressed at the moment.

(e) So many people have this problem. You should go back to your doctor and tell him you want to see a specialist. And maybe you shouldn't leave until he agrees.

Glossary

break someone's heart: to upset someone very much
finish with someone (informal): to end a relationship
accept (something): to understand that you can't change something
freedom: the right to do what you want, make you own decisions
specialist: a person who knows a lot about a subject

LIVEWORKSHEETS