

Listen to a talk about social psychology to practise and improve your listening skills.

Before listening

Do the preparation task first. Then listen to the audio and do the exercises.

Preparation task

Match the definitions (a–h) with the vocabulary (1–8).

Vocabulary

1. an introvert
2. an extrovert
3. charismatic
4. a trait
5. in the spotlight
6. to bond
7. to tone down
8. contemplation

Definition

- a. a characteristic
- b. used to describe a person who is charming and attractive
- c. a person who enjoys spending time alone more than being with other people
- d. an outgoing, sociable person
- e. the centre of attention
- f. deep thought
- g. to form a relationship with other people
- h. to make quieter or less obvious

Tasks

Task 1

Write the phrases in the correct group.

get the best grades in school	are well suited to the way we teach and work nowadays	like group collaboration
are usually charming and persuasive		are seen as a problem at school
prefer days in the wilderness	can be very creative	like giving instructions
Introverts		Extroverts

Task 2

Are the sentences true or false?

	Answer	
1. We usually underestimate introverts when we think of great leaders.	True	False
2. Introverts only become leaders because something external makes them feel they should.	True	False
3. Thinking of good ideas is easier when you're not interacting with other people.	True	False
4. Creative subjects at school are best taught using group projects.	True	False
5. Introverts need to be more like extroverts if they want to get good grades.	True	False
6. Open-plan offices are designed for extroverts.	True	False
7. We should encourage all children to work alone sometimes.	True	False
8. We should encourage extroverts to work like introverts and vice versa.	True	False

Discussion

Are you more of an extrovert or an introvert?