

Worksheet 2: Unit 5 - Picture of Health

Name: _____ Date: _____

Part 1: Matching - Symptoms & Illnesses Match the health problem (1-5) with the correct description (A-E).

1. A cold _____
2. A fever _____
3. A stomachache _____
4. A sore throat _____
5. A cough _____

- A.** Your body temperature is dangerously high.
B. It hurts when you swallow food or drink.
C. You force air out of your lungs with a loud noise.
D. You sneeze a lot and have a runny nose.
E. You feel a sharp pain in your belly after eating something bad.

Part 2: Multiple Choice - Advice & Modals Circle the correct option (a, b, or c) to complete each sentence.

6. If you have a terrible headache, you _____ take some painkillers.
a) shouldn't b) should c) wouldn't
7. You _____ go to work if you have a high fever. It's better to rest.
a) don't have to b) should c) shouldn't
8. To maintain a picture of health, you _____ drink plenty of water every day.
a) must b) musn't c) might
9. He _____ his arm while he was playing rugby yesterday.
a) breaks b) broke c) broken
10. I need to go to the pharmacy to pick up my _____.
a) prescription b) recipe c) receipt

Part 3: Completing - At the Doctor's Complete the sentences using a word from the box.

There is one extra word. diet | appointment | fit | medicine | gym | recovery

11. I need to call the clinic to make an _____ with Dr. Smith.
12. The doctor told me I need to eat a healthy _____ with more vegetables.
13. Make sure you take your _____ three times a day after meals.
14. My grandfather had surgery last week, but he is making a fast _____.
15. I go running every morning because I want to keep _____.

Part 4: Matching - Collocations (Verbs & Nouns) Match the verb (16-20) with the correct noun (A-E) to form a health phrase.

16. Catch _____
17. Check _____
18. Feel _____
19. Cure _____
20. Do _____

- A.** your blood pressure **B.** an illness **C.** a cold **D.** exercise **E.** sick