

## UK Geography 7<sup>th</sup> grade worksheet

The United Kingdom (UK) is an island country located in northwestern Europe. It lies off the coast of the European continent and is separated from it by the North Sea and the English Channel. At its closest point, the UK is only about 35 km from France.

The UK consists of four countries: England, Scotland, Wales, and Northern Ireland. The capital city is London, which stands on the River Thames in the southeast of England.

The total area of the UK is about 243,000 square kilometres, and it has a long coastline. Because the coastline is deeply indented, no place in the UK is more than about 125 km from the sea.



The relief of the UK can be divided into two main parts:

- Highland Britain (north and west), which includes mountains and higher land
- Lowland Britain (south and east), which consists of plains and rolling hills



*Ben Nevis*

The highest mountain in the UK is Ben Nevis (1,343 metres), located in Scotland. The lowest point is the Fens, which is below sea level.

The UK has a temperate maritime climate. This means that winters are mild and summers are cool. The climate is influenced by the Gulf Stream and south-westerly winds from the Atlantic Ocean.

Weather in the UK changes quickly and is often cloudy. The average temperature is about 5°C in winter and 15°C in summer. Rainfall is quite high, about 30–50 inches (750–1250 mm) per year, and it is evenly distributed throughout the year.

The UK is rich in natural resources such as coal, natural gas, and iron ore, which played an important role in its industrial development.

### Practice Task – 1

Choose the correct answer:

1. The UK is located:
  - a) in southern Europe
  - b) in northwestern Europe
  - c) in Asia
2. The UK is separated from France by:
  - a) the North Sea
  - b) the English Channel

- c) the Atlantic Ocean
3. The capital of the UK is:
- a) Manchester
  - b) Edinburgh
  - c) London
4. The UK consists of:
- a) 3 countries
  - b) 4 countries
  - c) 5 countries

### Practice Task – 2

Match the words with their meanings:

- |                    |                                |
|--------------------|--------------------------------|
| 1. Ben Nevis       | a. water between UK and France |
| 2. London          | b. highest mountain            |
| 3. English Channel | c. capital city                |
| 4. Lowlands        | d. flat or rolling land        |

### Practice Task – 3

Complete the sentences using the words below:

***Gulf Stream, southeast, mountains, sea, climate***

1. The UK is never far from the \_\_\_\_\_.
2. The \_\_\_\_\_ of the UK is mild and temperate.
3. The highest areas are in the north and west, where there are \_\_\_\_\_.
4. London is located in the \_\_\_\_\_ of England.
5. The \_\_\_\_\_ influences the weather and makes it warmer.

### Control Task – Short Test

Choose or write the correct answer:

1. The highest mountain in the UK is: \_\_\_\_\_
2. The UK climate is:
  - a) tropical
  - b) temperate

c) desert

3. The UK is closest to which country? \_\_\_\_\_

4. Why does the UK have mild winters? (short answer)

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#### Creative Task – “My UK Journey”

Write 4–6 sentences: Imagine you are travelling to the UK.

Answer:

- Where will you go? (mountains, cities, sea)
- What would you like to see?
- Why?

#### Homework Task

Choose **ONE**:

##### **Option A:**

Draw a simple map of the UK and label:

London, Ben Nevis, English Channel, Edinburgh, the Thames.

##### **Option B:**

Write 5 new facts about the geography of the UK.