

Student's name:

Date:

Writing about Healthy Habits using Padlet

Objective of the activity:

Students will develop writing skills by organizing ideas, rewriting sentences, and creating a short text about healthy eating habits using Padlet.



Write a short paragraph (5–7 sentences) about your healthy habits and post it on Padlet.

Link to access the Padlet:

Activity 1: Unscramble the sentences

Put the words in order to form correct sentences:

1. **every / eats / she / vegetables / day**

2. _____

3. **drink / water / should / you / daily**

4. _____

5. **fast food / he / eats / often**

6. _____

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Activity 2: Rewrite the sentences

Rewrite the sentences in a correct and better way:

1. she eat fruit every day

2. _____

3. he don't like vegetables

4. _____

5. they eats junk food

6. _____

Activity 3: Complete the text

Complete the paragraph with your own ideas:

I think healthy eating is important because

_____.

Every day, I eat _____ and I drink

_____.

I try to avoid _____ because it is not good for my health.

In my opinion, healthy habits help people

_____.