

Student's name: _____

Date: _____

Practice the present simple tense, especially third person (he/she), using vocabulary related to healthy eating.



1. Complete the text using the correct form of the verbs in parentheses. Use the present simple.

Laura is a student who _____ (want) to live a healthy life. Every day, she _____ (eat) fruits and vegetables because they _____ (be) good for her body. She _____ (not / like) junk food, but sometimes she _____ (eat) it with her friends.

In the morning, she _____ (drink) water and _____ (have) a healthy breakfast. Her brother _____ (prefer) fast food, and he _____ (drink) soda every day. However, Laura _____ (choose) healthy meals and she _____ (try) to avoid sugar.

Her mother _____ (cook) healthy food at home and _____ (teach) Laura good habits. Laura _____ (do) exercise three times a week and _____ (feel) happy with her lifestyle.