

1B Are you finding it difficult?

1 GRAMMAR Questions

a Underline the correct words to complete the conversation.

FABIO Hi, there. ¹You have / Have you got five minutes?

GABRIELLA Sure, ²what / what did you want to talk to me about?

FABIO Well, I'm doing a triathlon next month. ³Didn't / Weren't you read my post?

GABRIELLA No, I haven't seen it. A triathlon, wow! ⁴What for? / For what? It sounds really tough!

FABIO It's not easy, yeah, swimming, cycling, then running.

GABRIELLA ⁵What / Which of those is the most difficult?

FABIO All of them! Er, ⁶weren't / didn't you a good swimmer once?

GABRIELLA Yeah, once. What are you looking at me like ⁷that for / for that?

FABIO Do you think ⁸could you / you could coach me?

GABRIELLA I don't know ⁹whether / what I've got enough time. ¹⁰Can / Shall I think about it and phone you later?

FABIO No problem. That's great, I'll swim a lot faster with your help.

GABRIELLA Who ¹¹knows / does know? You might win!

b  Listen and check.

c Put the words in the correct order to make questions.

1 a / want / do / marathon / to / you / run ?

Do you want to run a marathon?

2 to / this / going / is / do / why / she ?

3 the / register / who / competition / need to / for / doesn't ?

4 giving / why / our / aren't / tickets / they / us ?

5 of / which / to do / would you / the challenges / like ?

6 have / ever done / the most / you / difficult / what is / thing ?

7 for / did / hard training / what / this / we do / all ?

8 the / happened / of / what / at / end / the game ?

9 have / think we / of / a chance / you / do / winning ?

10 who / your / website / designed ?

2 VOCABULARY Trying and succeeding

a Complete the sentences with the phrases in the box. There is one extra phrase you do not need.

succeed in give up keep to keep it up
manage to try out work out



1 Sandra likes to work out at the gym in her lunch break.



2 Simon wants to try out a new recipe for lemon cake.



3 We really need to give up fast food.



4 Charlie's kids told him to keep it up.



5 The Smiths didn't manage to assemble their kitchen table.



6 It won't be easy to keep to this diet.

b Complete the sentences with the phrases in the box.

give up have a go keep to keep it up make an effort
manage to successfully complete try out work out

1 I'd like to have a go at snowboarding, but I'm afraid of falling and breaking something.

2 To successfully complete the course, you need to pass all four modules.

3 If you keep to this training programme, you'll get back in shape very quickly.

4 I play tennis on Saturdays and I also try out once or twice a week in a local gym.

5 My car is in the garage and I don't know if they will manage to repair it by Monday.

6 Fred went sailing with me twice and he's terrible at it, but he doesn't want to give up.

7 Your writing has improved a lot this semester so keep it up.

8 Would you like to try out the new version of the software, sir?

9 I know Jade isn't interested in the project, but she could at least make an effort to get involved.