Read the text carefully. Underline the following words: leadership, aspiring and perseverance.

More than a dream

Could space be your own new frontier?

Space could indeed be the next frontier for you. Becoming an aspiring astronaut requires preparation in many areas, and Alyssa Carson's story shows how dedication can begin at a young age. She dreamed of being the first person on Mars, read everything she could about the planet, studied its maps, and even attended her first space camp at age seven. By thirteen, she had completed all NASA Space Camps worldwide, gaining experience in simulators and learning what zero gravity feels like.

While not everyone can attend Space Camp, there are other ways to prepare. Astronauts must be in excellent physical condition, so it is important to follow a healthy lifestyle with exercise, good nutrition, and enough sleep. They also need skills from challenging activities such as scuba diving, skydiving, skiing, mountain climbing, and piloting aircraft. Emotional strength is just as vital—patience, cooperation, perseverance, teamwork, leadership, and problem-solving are all qualities to develop.

Academically, astronauts need a strong background in maths and science, and they must stay informed about new discoveries in space. Finally, communication is key: besides English, astronauts often learn languages like Russian and Chinese to work effectively with international teams.

In short, preparing for space means building your body, mind, knowledge, and communication skills—step by step, just as Alyssa Carson has done.

LIVEWORKSHEETS

Now answer the following questions.

.Who is Alyssa Carson?

.What do you think happens at space camp session?

. Beside camp, what can aspiring astronauts do to prepare for space?

.What is the main purpose of the reading?

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