

C Match four sentences to the pictures below.

התאימו ארבעה משפטים לתמונות שלמטה.
לאנמו ארבע תמונות לטקסט שלהלן.

1. Noya is in bed. **However**, she can't **fall asleep**.
2. The light of the **laptop** is keeping Andrei **awake**.
3. Dana feels **a little bit sleepy**, but she hasn't finished her project.
4. **What about** the second problem?
5. Yotam is in class, but his **brain** is still asleep.



D Take the quiz to see how much you know about teenagers and sleep. You will find the answers to the quiz in the interview on pages 54-55.

ענו על השאלות. התשובות מופיעות בראיון בעמודים 54-55 שתקראו בהמשך.
אגביוא ענ אלסלת. אלגבלת ורדת אל מלבלת אלל סטרלונלל אל אלפלכלל 54-55.

Teenagers and Sleep

1 Many **teenagers aren't able to** ... every night.

- a. get enough **sleep**
- b. make **suggestions**



2 Our body clock tells us when it's

- a. **bedtime**
- b. **the best** time to go home



3 **Most teens just don't get tired**

- a. in the morning
- b. **until** late at night



4 A new law in California says that

- a. schools **have to** start after 8.30
- b. adults must change their sleeping **habits**

