

Name:

Class:

Unit 1: Family Life

The concept of family has undergone a significant transformation in the 21st century. While the "nuclear family"—consisting of two parents and their children—was once considered the standard, today's household structures are beautifully diverse. From single-parent homes and multi-generational households to blended families formed after remarriage, the definition of family is now less about biological ties and more about the quality of support and connection. In the fast-paced modern world, the "digital divide" often presents a challenge to family cohesion. With teenagers immersed in social media and parents tethered to work emails, finding "quality time" requires intentional effort. However, these same technological tools can also bridge gaps, allowing extended family members living across the globe to remain involved in daily milestones through video calls and instant messaging.

Beyond the structure, the core functions of a family remain constant: providing emotional security, financial support, and a sense of belonging. Modern family life often involves a shift toward more egalitarian roles, where domestic responsibilities and breadwinning are shared more equally than in previous generations. This shift encourages children to develop a broader understanding of cooperation and empathy. Ultimately, regardless of its shape or size, a healthy family serves as the primary social unit where individuals learn to navigate the complexities of the world. It is the first "team" we belong to, offering a safe harbor amidst the storms of life.



Vocabulary Matching

Nuclear family

Blended family

Egalitarian

Cohesion

Milestone

A family consisting of two parents and their children.

Relating to or believing in the principle that all people are equal.

The state of sticking together; unity.

A family consisting of a couple and their children from this and all previous relationships.

An action or event marking a significant change or stage in development.

True or False?

1 - The nuclear family is the only type of family structure found in the 21st century.

T

F

2 - Technology is exclusively responsible for creating distance between family members.

T

F

3 - Modern families are increasingly sharing domestic and financial roles.

T

F

4 - One of the core functions of a family is providing emotional security.

T

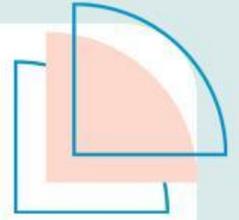
F

5 - The text suggests that biological ties are the only way to define a family.

T

F

Multiple Choice Questions



1. What is the main idea of the first paragraph?

- A) Nuclear families are superior to other structures.
- B) Family definitions are shifting from biology to support systems.
- C) Remarriage is the most common way to form a family.
- D) Multi-generational homes are disappearing.

2. According to the text, how can technology benefit families?

- A) It allows parents to work longer hours
- B) It replaces the need for face-to-face interaction
- C) It helps extended family members stay connected over long distances.
- D) It prevents the digital divide from occurring.

3. What does the term "breadwinning" most likely refer to in the text?

- A) Baking for the family
- B) Winning a competition
- C) Earning money to support the family
- D) Managing the household chores

4. Why does the author call the family the "first team"?

- A) Because families often play sports together
- B) Because it is the primary unit where we learn cooperation
- C) Because it is a competitive environment
- D) Because it requires a coach to function

5. What is required to maintain family cohesion in the digital age?

- A) Deleting all social media accounts
- B) Moving into a multi-generational home
- C) Making an intentional effort to spend quality time together
- D) Strictly following traditional gender roles

