

UNIT 8 – READING – G11

Read the following passage and mark the letter A, B, C, or D on your answer sheet to indicate the correct answer to each of the questions.

Becoming independent is important for teenagers. Below are the necessary skills you should learn to achieve independence for the future.

A. [I] First, make sure you can safely get around by yourself using public transport, walking, or cycling. Second, learn to communicate well and develop good relationships with people. Do some part-time jobs and get to know how to manage your money. **[II]** You should also learn to cook healthy meals for your family. Finally, help your parents with household chores like cleaning and doing laundry.

B. [III] To begin with, identify the problem and come up with as many solutions as possible. Write down the options, so you can review the advantages and disadvantages of each one. This will help you see which option could be the best for you. Don't base your decision on emotion only. Once you have made your choice, create a plan of specific steps to move forward. Then carry out your plan, and think about whether you have achieved the result you wanted.

C. First of all, get into the habit of making a to-do-list every day or week. Make use of time-management tools, such as apps or diaries, to know what you need to do next. In addition, decide how much time you need for each task and always do one thing at a time to make sure you complete it. Schedule time to relax as well, and make sure you sleep at least nine hours each night. A good night's sleep is necessary for teenage brain development and good health. Becoming independent is not easy, but it is not as challenging as you may think. It's about learning useful skills, making decisions by yourself, and knowing how to spend your time. **[IV]**

Question 1. According to paragraph A, which activity helps teenagers learn how to manage money?

- | | |
|---------------------------------|---------------------------|
| A. Using public transport | B. Doing part-time jobs |
| C. Cooking meals for the family | D. Doing household chores |

Question 2. The word “identify” in paragraph B is closest in meaning to _____.

- | | | | |
|----------|--------------|-----------|----------|
| A. solve | B. recognize | C. remove | D. avoid |
|----------|--------------|-----------|----------|

Question 3. The word “advantages” in paragraph B is opposite in meaning to _____.

- | | | | |
|-------------|--------------|--------------|-----------|
| A. benefits | B. strengths | C. drawbacks | D. values |
|-------------|--------------|--------------|-----------|

Question 4. The word “This” in paragraph B refers to _____.

- A. the act of writing down options and comparing their advantages and disadvantages
- B. the process of identifying the problem before thinking about possible solutions
- C. the decision to choose one option after considering several possible choices
- D. the plan to carry out several steps in order to solve the problem

Question 5. What is the main idea of the passage?

- A. Teenagers should focus mainly on studying at school.
- B. Teenagers need to learn practical skills to become independent.
- C. Teenagers should spend more time helping their parents.
- D. Teenagers should use more technology to manage their lives.

Question 6. According to the passage, which statement is **TRUE**?

- A. Teenagers should always base their decisions on emotions.
- B. Teenagers should complete several tasks at the same time.
- C. Teenagers should sleep at least nine hours each night.
- D. Teenagers should avoid helping their parents with chores.

Question 7. Where in the passage does the following sentence best fit?

"These activities can help teenagers develop practical life skills."

- A. [I] B. [II] C. [III] D. [IV]

Question 8. Which of the following best paraphrases the underlined sentence in paragraph C?

"A good night's sleep is necessary for teenage brain development and good health."

- A. Teenagers need enough sleep because it supports brain growth and overall health.
- B. Teenagers should sleep early because studying late at night is not effective.
- C. Teenagers may stay awake longer if they want to finish their daily tasks.
- D. Teenagers do not always need long sleep if they feel energetic enough.

Question 9. It can be inferred from the passage that _____.

- A. independence requires learning several practical skills
- B. teenagers should avoid making decisions by themselves
- C. teenagers should rely completely on their parents
- D. independence is impossible for most teenagers

Question 10. In which paragraph does the writer mention **ways to manage time effectively**?

- A. Paragraph A B. Paragraph B C. Paragraph C D. The introduction