

Music

Music is a powerful form of expression that has been part of human culture for thousands of years. From ancient drums used in ceremonies to modern digital songs streamed online, music continues to influence the way people think and feel. For teenagers, music is often more than entertainment; it is a way to understand emotions and connect with others.

Different genres of music, such as pop, rock, classical, and hip-hop, reflect diverse cultures and experiences. Each genre has its own rhythm, instruments, and style. For example, classical music often uses orchestras and follows complex compositions, while hip-hop focuses on strong beats and meaningful lyrics. These differences allow listeners to choose music that matches their mood and personality.

Music also has psychological benefits. Studies show that listening to music can reduce stress, improve concentration, and increase motivation. Many students listen to soft background music while studying because it helps them focus better. In addition, learning to play an instrument teaches discipline and patience. Practicing regularly requires commitment and determination.

Moreover, music brings people together. Concerts, school performances, and cultural festivals create a sense of community. Even when people speak different languages, they can share the same melody and feel united. In this way, music becomes a universal language that connects individuals across the world.

Part A: Match the Words with Their Definitions

Match the words (1-5) with the correct definitions (A-E).

Expression

Genre

Composition

Motivation

Universal

A. A type or category of art or music

B. Something that is true or common everywhere

C. A musical piece created by someone

D. The act of showing thoughts or feelings

E. The reason or desire to do something

Part B: True or False

Write True (T) or False (F).

1. Music has only existed for a few hundred years.
2. Classical music often uses orchestras.
3. Listening to music can help reduce stress.
4. Playing an instrument requires no practice.
5. Music can connect people from different cultures.

Part C: Multiple Choice Questions

Choose the correct answer.

What is one benefit of listening to music?

- A. It increases stress
- B. It improves concentration
- C. It causes boredom.
- D. It stops creativity

Which genre often focuses on strong beats and lyrics?

- A. Classical
- B. Jazz
- C. Hip-hop
- D. Opera

What does learning an instrument teach?

- A. Laziness
- B. Discipline
- C. Fear
- D. Silence

Music is described as a universal language because it:

- A. Uses only English words
- B. Is written in books
- C. Connects people worldwide
- D. Is always classical

Where might people experience music together?

- A. In silence
- B. At concerts
- C. In math class only
- D. Alone at home