

Eco Living Among Teenagers

Eco living has become an increasingly popular topic among young people today. Many people believe that teenagers should adopt an environmentally friendly lifestyle to help reduce environmental damage. However, others argue that eco living may not be practical or effective for teenagers. Therefore, it is important to discuss whether eco living is truly necessary for young people.

On the one hand, practicing eco living can bring positive environmental impacts. Teenagers can reduce plastic waste by using reusable bottles and bags, save electricity at home, and choose public transportation instead of private vehicles. These simple actions, when done consistently, can reduce carbon emissions and raise environmental awareness. Moreover, teenagers are active social media users who can influence others and promote environmental campaigns. Their involvement can inspire wider community participation in protecting the environment.

On the other hand, some people argue that the main responsibility for environmental problems lies with governments and large corporations. Industrial activities produce far more pollution than individual actions. In addition, eco-friendly products are sometimes more expensive, making it difficult for some teenagers to fully adopt an eco lifestyle. There is also the concern that focusing too much on individual responsibility may distract from the need for systemic reforms and stronger environmental policies.

In conclusion, although teenagers alone cannot solve environmental problems, practicing eco living still plays an important role. A balanced approach that combines individual responsibility with government regulations and corporate accountability is the most effective way to create a sustainable future.

1. What is one challenge of adopting eco living mentioned in the text?
 - A. Eco-friendly products are sometimes expensive.
 - B. Teenagers prefer public transportation.
 - C. Governments fully support teenagers.
 - D. Eco living has no disadvantages.
 - E. Social media reduces awareness.
2. Therefore, **it** is important to discuss whether eco living is truly necessary for young people. The word **it** in this sentence refers to
 - A. Environmental damage
 - B. Government policy
 - C. Industrial pollution
 - D. Social media
 - E. The discussion about eco living

The concept of a carbon footprint is crucial in understanding our individual and collective impact on the environment, highlighting the need for conscious efforts to reduce it.

One of the main reasons to be aware of our carbon footprint is its direct link to climate change. By tracking emissions from transportation, energy consumption, and food production, individuals can identify areas for improvement. This awareness empowers individuals to make informed decisions that contribute to a more sustainable future.

However, some argue that focusing on individual carbon footprints can detract attention from larger systemic issues. Corporations and governments are responsible for a significant portion of carbon emissions, and addressing these structural problems may be more effective than individual actions alone. Critics suggest that personal responsibility can lead to a sense of guilt or helplessness, undermining broader efforts for systemic change.

While it is essential to acknowledge the role of corporations and governments in carbon emissions, individual actions still play a vital part in driving change. A combined approach—encouraging personal responsibility while advocating for systemic reforms—can create a more sustainable future. Educating ourselves and others about our carbon footprints, supporting green initiatives, and holding corporations accountable are all necessary steps in this journey.

3. Which of the following statements best reflects the implicit message of the text?
 - A. Raising awareness alone is enough to solve climate change.
 - B. Focusing only on personal carbon footprints may limit broader environmental progress.
 - C. Governments should not be involved in environmental issues.
 - D. Emotional reactions are the main cause of carbon emissions.
 - E. Reducing food production is the most effective solution.
4. Who is responsible for a significant portion of carbon emissions according to the text?
 - A. Students and teachers
 - B. Families only
 - C. Social media users
 - D. Corporations and governments
 - E. Environmental activists
5. What is the main purpose of understanding a carbon footprint?
 - A. To understand individual and collective environmental impact
 - B. To increase industrial production
 - C. To promote economic growth
 - D. To criticize governments
 - E. To reduce food production

Real-Life Effects of Cyberbullying on Children

Any type of bullying can have physical and psychological effects on a child. Anxiety, fear, depression, low self-esteem, behavioral issues, and academic struggles are just of the few challenges kids may experience if they are targets. Cyberbullying, however, may be particularly damaging. While cyberbullying can happen in a public digital space, like on social media post, it can also take the form of private messages—leaving some kids managing this secret, and its effect on them, alone. Being aware of all of the effects of cyberbullying cannot only help you support a child you know is affected, but help you become more aware of signs that may be reason for concern—and a conversation. Below are some impacts of cyberbullying.

Because cyberbullying occurs in cyberspace, online bullying feels permanent. Kids know that once something is out there, it will always be out there. They can feel exposed, embarrassed, and overwhelmed. When cyberbullying occurs, the nasty posts, messages, or texts can be shared with multitudes of people. The sheer volume of people that know about the bullying can lead to intense feelings of humiliation.

Cyberbullying sometimes causes kids to be excluded and ostracized at school. Consequently, they may feel alone and isolated. This experience can be particularly painful because friends are crucial at this age. When kids don't have friends, this can lead to more bullying. When cyberbullying occurs, parents sometimes recommend shutting off the computer or turning off the cell phone. But for many kids, using these devices is considered the most important way they communicate with others. Turning them off often means cutting off their connection with their world, which can make them feel more secluded.

Many victims of cyberbullying will get angry about what is happening to them. In fact, research indicates that anger is the most common response to cyberbullying (followed by being upset and worried). Some kids that are victimized may even plot revenge and engage in retaliation. Aside from the trouble they could get into, this approach is dangerous because it can keep them locked in the bullyvictim cycle. If your child seems intensely angry over cyberbullying, it may help for them to speak with a counselor or therapist who can teach them to channel that anger in productive ways.

If your child is being cyberbullied, it's important to help them take steps to deal with the issue and ultimately feel better. This may mean reporting cyberbullying to social media companies, school officials, and even the police. Make sure you do what you can to put an end to the torment, including becoming familiar with the laws surrounding cyberbullying. In the meantime, do not dismiss your child's feelings. Do what you can to make them feel empowered. Communicate with them daily and keep close tabs on changes in mood and behavior. Seek the help of a health care professional if you notice any changes at all.

6. What is the main purpose of the final paragraph?
 - A. To compare cyberbullying laws in different countries
 - B. To suggest practical steps parents can take to support their children
 - C. To criticize schools for ignoring cyberbullying
 - D. To explain the psychological theory behind anger
 - E. To describe how social media companies operate
7. What is the main idea of the text?
 - A. Cyberbullying has serious emotional and social effects on children and requires proper response.
 - B. Cyberbullying only happens on social media platforms.
 - C. Parents should prevent children from using digital devices.
 - D. Anger is the only reaction caused by cyberbullying.
 - E. Schools are responsible for all cyberbullying cases.

In today's digital age, practicing good netiquette is essential for fostering respectful and productive online interactions.

Firstly, netiquette promotes clear communication. When we adhere to online etiquette, we reduce misunderstandings and create a more positive environment for discussions. For instance, using appropriate language and being mindful of tone can prevent conflicts that often arise from misinterpretation. Secondly, respecting others' privacy and boundaries online builds trust within communities. Sharing personal information without consent or engaging in online harassment can have serious emotional consequences. Lastly, good netiquette encourages inclusivity. By being considerate of diverse perspectives and backgrounds, we create a space where everyone feels valued and heard.

To cultivate a culture of respect online, I urge everyone to commit to practicing netiquette in their daily digital interactions. Take a moment to think before you post, listen actively to others, and always treat others as you would like to be treated.

8. Which of the following statements is a **FACT** based on the text?
- A. Practicing good netiquette is the most important skill in the digital age.
 - B. Using appropriate language can help prevent misunderstandings online.
 - C. Everyone always follows netiquette in online interactions.
 - D. Online discussions are usually negative.
 - E. Netiquette is difficult to practice every day.
9. Which statement is an **OPINION** expressed in the text?
- A. Sharing personal information without consent can have emotional consequences.
 - B. Netiquette promotes clear communication.
 - C. Respecting privacy builds trust within communities.
 - D. Good netiquette is essential in today's digital age.
 - E. Being mindful of tone can reduce misunderstandings.
10. What does the word "**cultivate**" in the last paragraph most nearly mean?
- A. develop
 - B. ignore
 - C. remove
 - D. divide
 - E. replace
11. Which of the following conclusions can logically be inferred from the text?
- A. Netiquette eliminates all forms of online conflict.
 - B. Digital interaction requires ethical awareness similar to face-to-face communication.
 - C. Online communication is more dangerous than offline communication.
 - D. Privacy concerns are exaggerated in digital communities.
 - E. Inclusivity weakens open discussion.

12.

Ms. Rere	:	Every students prepare simple action plan to reduce household carbon footprint.Why is it important?
Jaka	:	Because small actions ... a big impact if everyone does them.

- A. creates
- B. create
- C. created
- D. creating
- E. is create

13.

Lidia	:	We ... reusable bags when we go shopping.
Savira	:	It's good, that helps reduce plastic waste.

- A. bring
- B. brings
- C. brought
- D. is bringing
- E. bringed

14.

Zaskia	:	My father always... energy-efficient lamps at home.
Jennie	:	That's a smart choice because they use less electricity and reduce our monthly energy consumption

- A. choose
- B. chooses
- C. chosen
- D. choice
- E. is choose

15.

Desen	:	Each student in our class ... a report about their household energy use.
Geral	:	It helps us ... how small daily habits influence the environment in the long term.

- A. Prepares - understands
- B. Prepare - understands
- C. Prepared - understood
- D. Prepares - understand
- E. Is prepare - understanding