

Situation: Claudia is giving a presentation about staying healthy as a student studying abroad.

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I'm in my senior year as an international student here at the University of Toronto in Canada.

Getting sick in a foreign country is terrible.

So, today I'm going to tell you about how to stay healthy and happy as a student in a foreign country.

My name's Claudia Rodriguez. I'm from Mexico.

Hello, everyone.

I've divided my presentation into two parts.

The first part is what precautions to take before you leave home and the second part is what

There will be time for a discussion of the topic at the end of my presentation.

However, the experience of being sick far away from home has taught me a lot about how important it is to stay healthy.

A year ago while at college, I got sick and was bed-ridden for a week.