Name: _____ Class: _____

UNIT 1: FAMILY LIFE

Family life plays an important role in shaping who we are. From the moment we are born, our families teach us values, traditions, and important life skills. In many homes, parents work hard to provide food, shelter, and education for their children. At the same time, children learn responsibility by helping with household chores and respecting family rules.

Communication is one of the most important parts of family life. When family members talk openly about their feelings and problems, they build trust and understanding. For example, sharing stories during dinner or discussing plans for the weekend can strengthen relationships. Even small activities, such as watching movies together or celebrating birthdays, create lasting memories.

However, family life is not always perfect. Disagreements and misunderstandings sometimes happen. These conflicts may be caused by differences in opinions, generation gaps, or busy schedules. The key to solving problems is patience and respect. Listening carefully and trying to see things from another person's point of view can make a big difference.

In today's modern world, technology also influences family life. While smartphones and computers can sometimes reduce face-to-face interaction, they also allow families to stay connected across long distances. Video calls help relatives communicate even if they live in different cities or countries.

Overall, a supportive family provides love, security, and encouragement. Strong family bonds help individuals grow into confident and caring members of society.

LIVEWORKSHEETS

Name: _____ Class: _____

MATCH THAT WORD

Match up each word to its definition.

Responsibility	The act of sharing information or feelings
Communication	Providing help and encouragement
Conflict	A custom or belief passed from one generation to another
Tradition	Being dependable and doing what is expected
Supportive	A disagreement between people

LIVEWORKSHEETS

Name: _____ Class: _____

Family

Instructions:
Read each statement carefully and decide if it is True or False. Write T for True and F for False.

Statement	True	False
Family life has no influence on a person's character.		
Open communication helps build trust in families.		
Conflicts in families can never be solved.		
Strong family bonds help people become confident.		
Technology can help families stay connected.		

LIVEWORKSHEETS

Name: _____ Class: _____

FAMILY QUIZ QUESTIONS

Answer the following questions about family

1 What is one benefit of sharing meals together?

A. It wastes time
B. It strengthens relationships
C. It causes conflicts
D. It reduces communication

2 What is a common cause of family disagreements?

A. Too much happiness
B. Identical opinions
C. Generation gaps
D. Perfect schedules

3 What can help solve family problems?

A. Ignoring each other
B. Patience and respect
C. Avoiding communication
D. Shouting loudly

4 How does technology affect family life?

A. It always harms relationships
B. It replaces families
C. It can both help and reduce interaction
D. It has no effect

5 What does a supportive family provide?

A. Only rules
B. Love and encouragement
C. Strict punishment
D. Unlimited freedom

LIVEWORKSHEETS