

WRITING - ABSTRACT

Instructions

- You are given a text related to Vocational Training. Make an abstract of that text.
- To help you, pay attention to the examples below, the structure and the useful phrases.

WHAT IS AN ABSTRACT?

MODELS AND EXAMPLES OF ABSTRACTS

Read the two abstracts. Complete the table below with the main ideas.

Abstract 1 - Education & Technology

Digital technology is increasingly used in schools and universities. This paper aims to explore how online learning tools support students' learning. It focuses on communication platforms, digital materials, and self-study tools. The paper shows that technology can improve learning when it is used in a clear and organised way.

Abstract 2 - Health & Lifestyle

Physical activity is important for people's health and well-being. The purpose of this paper is to discuss the benefits of regular exercise for adults. It looks at physical health, mental health, and daily habits. The paper highlights the need to encourage active lifestyles to improve quality of life.

	Abstract 1	Abstract 2
The topic		
The aim		
The main ideas		
The conclusion or importance		

USEFUL PHRASES FOR AN ABSTRACT

1. Topic / Context

- This paper is about ...
- In recent years, ... has become important.
- Today, many people / organisations ...
- There is growing interest in ...
- ... plays an important role in ...
- ... is an important issue in modern society.

2. Aim / Purpose

- This paper aims to ...
- The aim of this paper is to ...
- This paper focuses on ...
- This paper explores ...
- The purpose of this paper is to ...
- This paper discusses the role of ...

3. Main ideas / Content

- This paper looks at ...
- It focuses on ...
- The paper discusses ...
- Three main areas are presented: ...
- The main topics include ...
- It considers different aspects of ...

4. Conclusion / Importance

- The paper shows that ...
- The paper suggests that ...
- These findings show that ...
- This highlights the importance of ...
- The paper emphasises the need for ...
- This is important because ...