

1 Match 1-10 with a-k to make sentences.

0 Marla joined a gym k

1 The football coach told me to exercise more \_\_\_\_\_

2 A friend advised me to avoid coffee in the evening \_\_\_\_\_

3 I have downloaded a new app \_\_\_\_\_

4 The dentist gave me an injection \_\_\_\_\_

5 I covered my arms and legs with sunscreen \_\_\_\_\_

6 Mary is studying anatomy \_\_\_\_\_

7 James is doing three dance classes a day \_\_\_\_\_

8 Isabel has removed fat and sugar from her diet \_\_\_\_\_

9 The team is buying the latest equipment \_\_\_\_\_

10 The university is researching new drugs \_\_\_\_\_

a to make sure all of the players are well-protected from injury.

b to sleep better at night since caffeine tends to keep people awake.

c so that I wouldn't feel any pain when she worked on my teeth.

d so that she can pass an exam about the human body.

e in order to become a stronger footballer.

f to find medications that will cure some serious diseases.

g in order to lose a bit of weight.

h to give me digital information about my heart rate and blood pressure.

i so that he'll be ready for the ballet competition.

j so they wouldn't get sunburned.

~~k in order to get more exercise.~~

2 Use one word in each gap to complete the clauses of purpose in the extract from an article about student health.

It is sometimes difficult for students to stay in the best of health. Take sleep, for example. Students often stay up late in (0) order to keep up with their work, but you need to sleep enough so (1) \_\_\_\_\_ you can concentrate the next day, and (2) \_\_\_\_\_ as not to fall asleep in class! It's also true that students are often exposed to germs and viruses, so it's important to wash your hands often (3) \_\_\_\_\_ avoid getting ill. Eating well is also important in (4) \_\_\_\_\_ to perform well. You need enough vitamins and minerals (5) \_\_\_\_\_ that your brain can work well and you can do your best every day.