

Vocabulary

- 1 Complete the sentences with the words below. Use each word only once.

cave desert forest hill mountain river
volcano waterfall

- There isn't much rain in the _____ so not many plants can grow.
- The highest _____ in Western Europe is Mont Blanc.
- The _____ in London is called the Thames.
- He likes dark places, so exploring a _____ is perfect for him.
- Mount Vesuvius is an active _____ that may cause a lot of destruction one day.
- We walked to the top of a small _____ to enjoy the view of the town.
- It's easy to get lost in a _____ because the trees make it hard to see where you are.
- Water from the stream fell from the cliff and created a beautiful _____.

Mark: / 8

- 2 Complete the sentences with the words below.

dark deep icy narrow shallow steep tall wide

- The water here is so _____ that it is impossible to swim to the bottom.
- The river is very _____ – it takes twenty minutes to swim to the other side.
- The path was so _____ that we had to walk one behind the other.
- The trees in the forest are very _____ – some are 70 metres to the top.
- We couldn't see because the cave was so _____.
- The hills around here aren't very _____ so they are easy to climb.
- The stream is quite _____ so it's easy to walk through the water.
- He doesn't like walking to school in very cold weather because the footpaths are _____.

Mark: / 8

- 3 Complete the words below with the correct letters. Then put them in the correct column. You can use the words more than once.

- 1 b _ _ ts 2 h _ lm _ t 3 l _ f _ j _ ck _ t 4 p _ dd l _ s
5 s _ f _ ty h _ rn _ ss

| Mountain biking | Kayaking | Orienteering | Rock climbing |
|-----------------|----------|--------------|---------------|
| | | | |

Mark: / 5

- 4 Complete the sentences with extreme adjectives that have the same meaning as the words in brackets.

- The house was _____ but comfortable. (very small)
- We were _____ at the end of the walk, and happy to be back at camp. (very tired)
- The storm was _____, but we tried to be brave. (very frightening)
- I'm _____! Is there anything to eat? (very hungry)
- The climber's death was _____. He was so young. (very sad)
- The campsite was _____ when we arrived. It was a horrible mess! (very dirty)
- The view from the top of the mountain was _____. (very beautiful)
- We couldn't continue because a _____ rock was in the road. (very big)

Mark: / 8

Word Skills

- 5 Complete the sentences using the noun or verb form of the word given in brackets.

- The _____ of the new stadium will be next September. (complete)
- It's wonderful to _____ life in another country – you can learn so much about the world. (experience)
- The books he wrote about famous mountain climbers are his greatest _____. (achieve)
- She _____ to go running every day to prepare for the race. (need)
- I don't know what the _____ was about, but they're friends again now. (argue)
- Cars and lorries _____ over the bridge all day. (thunder)
- Firefighters _____ their lives every day to save people and buildings. (risk)
- I'm not sure what her _____ is, but she really wants to succeed. (motivate)
- The _____ for our trip were quick because we only planned to stay for two nights. (prepare)
- He is famous for his _____ as a mountain climber. (accomplish)

Mark: / 10

Grammar

6 Complete the dialogues with the past continuous form of the verbs in brackets.

- 1 A ¹ _____ (you / talk) on the phone at ten last night? I ² _____ (try) to call you.
B No, I ³ _____ (not talk) on the phone. I ⁴ _____ (take) a walk and my phone was in the house.

- 2 A ⁵ _____ (you / play) on the beach when the storm started?
B No, we ⁶ _____ (eat) lunch in the restaurant. It was quite frightening. When we started eating the sun ⁷ _____ (shine) and the next minute the wind ⁸ _____ (blow) and it ⁹ _____ (rain) hard.

- 3 A ¹⁰ _____ (you / sleep) in class this morning?
B No, I ¹¹ _____ (not sleep)! I ¹² _____ (try) to memorise irregular verbs for the test.

- 4 A What ¹³ _____ (Kate / do) in the head teacher's office this afternoon? Was she in trouble?
B No, nothing like that. She ¹⁴ _____ (answer) questions about the theatre group's new play.

Mark: / 14

7 Complete the paragraph from a story. Use the past simple or past continuous form of the verbs in brackets.

When they ¹ _____ (set out) from the hotel at eight in the morning, the sun ² _____ (shine). They ³ _____ (walk) along the path when suddenly Emily ⁴ _____ (stop) and asked, 'I ⁵ _____ (you / hear) something strange?' Anna replied, 'I ⁶ _____ (not hear) anything. What do you mean?' A moment later, the sun ⁷ _____ (not shine) and the sky was black. 'It's a tornado!' Anna said. 'We need to go indoors – fast!'

Mark: / 7

Use of English

8 Complete the second sentence so that it has a similar meaning to the first sentence. Write between two and five words for each sentence, including the word in brackets.

- 1 My phone rang during dinner last night. (eating)
My phone rang while we _____ last night.
2 Mike wasn't at school today. (come)
Mike _____ school today.
3 I had a bad night's sleep last night. (well)
I _____ last night.
4 Do you want to go for a coffee? (about)
What _____ for a coffee?
5 I think that girl looks nervous. (as)
That girl _____ she's feeling nervous.

Mark: / 5

Total: / 65

I can ...

Read the statements. Think about your progress and tick one of the boxes.

★ = I need more practice.

★★ = I sometimes find this difficult.

★★★ = No problem!

| | ★ | ★★ | ★★★ |
|-----------------------------------------------------------------------|---|----|-----|
| I can describe landscapes. | | | |
| I can use the past continuous. | | | |
| I can listen for key words and antonyms. | | | |
| I can distinguish the use of the past simple and the past continuous. | | | |
| I can understand parts of speech and dictionary entries. | | | |
| I can understand a survival story. | | | |
| I can describe and speculate about a photo. | | | |
| I can write an invitation and a reply. | | | |