Daily Routines

Read the following text, and answer the questions.

My Daily Routine

Hello! My name is Laura and I am a high school student. I want to tell you about my daily routine.

From Monday to Friday I wake up at 6:00 in the morning but I don't get up right away. I like staying in bed for an extra ten or fifteen minutes. When I finally get up, I take a shower, and get ready to go to school, and have breakfast with my family. I usually eat a toast with butter, cereal and drink a cup of milk. After breakfast, I prepare my backpack and go to school at 7:30. My father drives me to school.

Classes start at 8:00. I study Math, Science, History, and Art, but I really like English because I like learning to new words. At 12:30 I have lunch with my friends. We talk and laugh together. School finishes at 3:00 in the afternoon.

When I get home, I rest for a short time. Then I do my homework in my bedroom. In the afternoon I go to the gym and sometimes I play soccer or basketball. In the evening, I help my mother prepare dinner. We have dinner at 7:30. After dinner, I sometimes watch TV or read a book and listen to music.. I don't use my phone a lot because I prefer reading.

At 9:30, I take a shower and brush my teeth again. I go to bed at 10:00. On weekends, I wake up later and spend time with my family or friends.

I like my daily routine because it helps me stay organized and active.

LIVEWORKSHEETS

1. What time does Laura get up?
2. Who takes her to school?
3. What is her favorite subject?
4. What does she do in the evening?
5. What does she do on weekends?

Key.

1. 6:10 or 6:15
2. Her father
3. English
4. She helps her mother prepare dinner.
5. She spends time with her family or fiends.

LIVEWORKSHEETS