

Focus 1 Unit 2: Food & Cooking

1. Containers and Quantifiers

Choose the correct container or quantifier.

Definition
1. _____ honey / mayonnaise
2. _____ milk / orange juice
3. _____ bread
4. _____ tuna / soup / peas
5. _____ dark chocolate
6. _____ crisps / spaghetti



2. Cooking Verbs: How do we make it?

Complete the sentences using the correct verb.

1. First, you need to _____ the onions into very small pieces with a sharp knife.
2. Can you _____ the bread so we can make sandwiches?
3. To make pasta, you must _____ water in a large pot.
4. For a traditional English breakfast, people often _____ eggs and bacon in a pan.
5. Please _____ the flour, sugar, and eggs together in a big bowl.

3. Describe the Food

Look at the definitions and choose the correct adjective.

1. Food that has a strong hot taste because it contains chili or curry.	a) Fresh food b) Spicy food c) Sweet food
2. Food that is not old or frozen; for example, vegetables bought from a market.	a) Fresh food b) Traditional food c) Fried food
3. Food that tastes very good.	a) Vegetarian food b) Local food c) Delicious food
4. Food that does not contain meat or fish.	a) Vegetarian food b) Grilled food c) Spicy food

4. Shopping List Sorting

Put these words into the correct category in the table below.

Onions Chocolate Ketchup Lemonade Potatoes Ice cream Tomato sauce
Orange juice

Vegetables	Sweet Things / Dessert	Drinks	Sauces

5. What's for Dinner?

Read the text and fill in the blanks.

I don't want to cook tonight, so let's get a _____. There is a great restaurant nearby that serves _____ food from farmers in our region. I usually order the _____ fish because it's healthier than fried food. The chef uses very fresh _____ like tomatoes and lemon. For _____, I would love a bowl of vanilla ice cream!