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6a

Lara Croft



This beautiful, strong archaeologist fights robots and does acrobatics all day, right? Well, not every day! Let's see what she does when 0) ► she's at home!

In the morning ...

Lara always gets 1) ..... at 7 o'clock, and gets dressed. Then, she 2) ..... jogging and works out in her gym – and all this before breakfast! Lara 3) ..... a big breakfast at about quarter to nine, then she **sometimes** goes shopping or works 4) ..... her computer for a while.

In the afternoon ...

Lara usually eats lunch at about quarter past one. Her father John **often** visits her and they have a 5) ..... of tea and talk about work together.

In the evening ...

Before dinner, Lara usually practises kickboxing. She eats dinner at about half 6) ..... six. Then, she relaxes. She reads a book or 7) ..... a DVD. She never 8) ..... to bed really late because she's usually very busy the next day! It's not easy being an action hero!

Reading

3 Look at the text. Who's Lara Croft? What is the text about? Read and check.

study skills

Completing a text

Read the text once to see what it is about. Read it again sentence by sentence and complete the missing words. The words before and after each gap will help you. Read the completed text again to see if it makes sense.

4 Fill in the gaps with: *past, on, goes, cup, up, has, watches, goes.* Listen and check.

Speaking

5 Make notes and act out an interview with Lara Croft about her daily routine.

► *A: So Lara, what time do you get up?*
B: At 7 o'clock.

Grammar Grammar Reference

♦ Adverbs of frequency (always, usually, often, sometimes, never)

6 a) Look at the sentences. Where do we place the adverbs of frequency in a sentence? Find examples in the text.

I **usually** play football on Saturdays. John is **never** late.

b) Which of the activities in Ex.1 do you *always, usually, often, sometimes, never* do? Make sentences. Compare sentences with your partner.

► *I never go jogging.*

♦ Prepositions of time

7 Read the box. Complete the phrases. Say what you usually do at this time.

at + (the time), 3 o'clock, noon/ midnight/night
in + in the morning/afternoon/ evening

1 ..... 3 o'clock
2 ..... the morning
3 ..... midnight
4 ..... noon
5 ..... the evening
6 ..... half past six

Writing (a paragraph describing a daily routine)

8 *Portfolio:* Imagine you are a famous action hero. Write your daily routine.

► *My name's Spider-Man and I have*

LIVEWORKSHEETS