



## Moods and Feelings

### Lead-in

1 a. Can you guess how the people in the sketches (1-7) feel? Match them with the groups of adjectives (a-g) below. Can you add any more adjectives to each group?



a angry, cross, annoyed



b surprised, shocked, amazed



c happy, glad, pleased, cheerful

d tired, exhausted, sleepy

e stressed, worried, thoughtful

f afraid, frightened, scared

g sad, miserable, unhappy



c. How do you feel about the following things?

Act out exchanges, as in the example.

- cooking
- travelling to work
- writing letters
- shopping
- going to the cinema
- exercising
- driving
- tidying up

frustrating  
relaxing  
dull  
enjoyable  
boring  
tiring  
stressful

A: I find cooking really enjoyable.  
B: Really? I don't. In fact, I find it quite stressful.

2 **THINK!** Paraphrase the following statements. Do you agree or disagree? Why (not)?

A day of sorrow is longer than a month of joy.

Where there is love there is happiness.

3 a. Listen and write how each person feels.

Speaker 1 .....  
Speaker 2 .....  
Speaker 3 .....

**LIVE WORKSHEETS**  
to your partner.

b. Look at the pictures (1-5). How do you think these people feel? Use adjectives from Ex. 1a to make sentences, as in the example.

1 The man in this picture looks rather sad and miserable.