

# UNIT 8: BECOMING INDEPENDENT

## TEST 1

### A. PHẦN TRẮC NGHIỆM

Mark the letter A, B, C, or D on your answer sheet to indicate the word whose underlined part differs from the other three in pronunciation in each of the following questions.

**Question 1:** A. manage      B. motivation      C. separate      D. babysitting

**Question 2:** A. combine      B. period      C. control      D. involve

Mark the letter A, B, C, or D on your answer sheet to indicate the word that differs from the other three in the position of primary stress in each of the following questions.

**Question 3:** A. result      B. adult      C. pressure      D. pocket

**Question 4:** A. confidence      B. dependent      C. management      D. teenager

Mark the letter A, B, C, or D on your answer sheet to indicate the correct answer to each of the following questions.

**Question 5:** Being \_\_\_\_\_ allows individuals to set personal goals and pursue them with determination.  
A. self-motivated      B. soft-confident      C. self-disciplined      D. self-reliant

**Question 6:** Independent thinkers aren't afraid to \_\_\_\_\_ unique opinions in discussions.  
A. carry out      B. come up with      C. make use of      D. get around

**Question 7:** To maintain independence, avoid \_\_\_\_\_ into the habit of procrastination.  
A. getting      B. to get      C. get      D. got

**Question 8:** In today's digital age, a \_\_\_\_\_ business must adapt to technological advancements.  
A. succeed      B. successful      C. successfully      D. success

**Question 9:** To broaden your knowledge, you should make a(n) \_\_\_\_\_ to read widely and expose yourself to different ideas.  
A. achievement      B. goal      C. effort      D. skill

**Question 10:** Despite his young age, the boy showed a remarkable \_\_\_\_\_ of responsibility by taking care of his siblings while his parents were at work.  
A. level      B. degree      C. sense      D. amount

**Question 11:** Learning to \_\_\_\_\_ your time effectively is a crucial step towards becoming independent and achieving your goals.  
A. purchase      B. ignore      C. manage      D. reduce

**Question 12:** It was the sound of the distant thunder \_\_\_\_\_ made the hikers decide to turn back.  
A. that      B. which      C. who      D. whose

Mark the letter A, B, C or D on your answer sheet to indicate the underlined part that needs correction in each of the following questions.

**Question 13:** It is by practicing every day which she has become such a skilled pianist.

A      B      C      D

**Question 14:** The outcome of the game will largely dependence on the team's performance during the first  
A      B      C      D

half.

Mark the letter A, B, C, or D on your answer sheet to indicate the sentence that best completes each of the following exchanges.

**Question 15:** Jamie and Taylor are discussing plans after moving out of their parents' house.

Jamie: "I'm thinking about living alone to learn how to be more independent."

Taylor: " \_\_\_\_\_. Learning to manage everything by yourself is a valuable life skill."

A. That sounds too challenging      B. I couldn't agree more  
C. It's better to stay with parents      D. Why would you want that?

**Question 16:** Noah and Max are discussing skills to learn over the summer.

Noah: "I'm planning to learn how to do basic car maintenance myself."

Max: " \_\_\_\_\_. It's a practical skill that can save you a lot of money and trouble."

A. Are you sure that's necessary?      B. That's a fantastic idea  
C. I think it's too hard for you      D. Cars are too complicated nowadays

Mark the letter A, B, C, or D on your answer sheet to indicate the word(s) **OPPOSITE** in meaning to the underlined word(s) in each of the following questions.

**Question 17:** Doing your own laundry is a simple step towards **self-reliance**.

A. asking for help      B. being responsible  
C. becoming independent      D. taking initiative

**Question 18:** Developing a **confident** approach to problem-solving is key for young adults learning to navigate life's challenges independently.

A. doubtful      B. decisive      C. fearless      D. secure

Mark the letter A, B, C, or D on your answer sheet to indicate the word(s) **CLOSEST** in meaning to the underlined word(s) in each of the following questions.

**Question 19:** Gaining practical skills such as cooking and cleaning is **essential** for individuals aiming to lead a self-sufficient lifestyle.

A. enough      B. necessary      C. additional      D. temporary

**Question 20:** The journey to independence often involves the challenge of making critical life **decisions** without constant guidance from others.

A. choices      B. influences      C. suggestions      D. commands

Read the following passage and mark the letter A, B, C, or D on your answer sheet to indicate the correct word or phrase that best fits each of the numbered blanks.

Mastering time management is essential for achieving both personal and professional success. It involves the effective use of resources, allowing individuals (21) \_\_\_\_\_ more in a shorter period, thus enhancing productivity and efficiency. Good time management skills enable one to (22) \_\_\_\_\_ tasks, set aside time for personal development and relaxation, and reduce stress by avoiding last-minute rushes. (23) \_\_\_\_\_ its importance, many people find it challenging to maintain a disciplined approach to managing their time due to (24) \_\_\_\_\_ and distractions, especially in the digital age where notifications and online content constantly vie for attention. To combat these challenges, it's beneficial to adopt strategies such as making to-do lists, using digital calendars, and practicing the art of singletasking, (25) \_\_\_\_\_ involves focusing on one task at a time rather than multitasking. Building strong time management skills not only leads to more productive and satisfying professional life but also ensures ample time is available for socializing, exercising and sleeping to contribute to a well-rounded and fulfilling personal life.

**Question 21:** A. accomplish      B. to accomplish      C. accomplishing      D. to accomplishing

**Question 22:** A. prioritize      B. limit      C. control      D. focus

**Question 23:** A. Although      B. Because      C. Despite      D. Because of

**Question 24:** A. procrastination      B. ambition      C. efficiency      D. collaboration

**Question 25:** A. who      B. whom      C. that      D. which

Read the following passage and mark the letter A, B, C, or D on your answer sheet to indicate the correct answer to each of the questions.

Navigating adolescence successfully requires more than just academic knowledge; it demands the development of essential life skills that empower teens to become competent, resilient, and self-reliant adults. These skills serve as the foundation for personal growth, healthy relationships, and professional success in the future.

First and foremost, effective communication is pivotal. It encompasses not just the ability to express thoughts and feelings clearly but also the skill of active listening. Understanding and being understood form the cornerstone of all human interactions, whether in personal relationships or in the workplace.

Critical thinking is another **indispensable** skill, enabling teens to analyze information, discern fact from opinion, and make reasoned decisions. In an era dominated by digital media, the ability to critically evaluate the vast array of information available online is more important than ever.

Emotional intelligence plays a crucial role in personal development. It involves recognizing and managing one's own emotions, as well as empathizing with others. High emotional intelligence contributes to stronger relationships and can greatly enhance leadership capabilities.

Time management and organization are key to achieving goals and maintaining balance. Teens who master these skills are better prepared to juggle academic responsibilities, extracurricular activities, and personal interests without becoming overwhelmed.

Lastly, financial literacy is fundamental for future stability. Understanding basic financial concepts such as budgeting, saving, and investing prepares teens for financial independence and responsible adulthood.

In sum, these life skills equip teens with the tools they need to navigate the complexities of modern life, fostering resilience, adaptability, and a sense of personal agency.

**Question 26:** What is the primary focus of the passage?

- A.** The challenges faced by teens today.
- B.** Essential life skills for teens' development.
- C.** The importance of academic knowledge for teens.
- D.** Techniques for improving teens' social media skills.

**Question 27:** The word "**indispensable**" in the second paragraph is closest in meaning to \_\_\_\_\_.

- A.** unnecessary
- B.** valuable
- C.** replaceable
- D.** essential

**Question 28:** According to the passage, why is critical thinking considered vital for teens?

- A.** It helps them become more athletic and physically active.
- B.** It helps them to navigate the digital media landscape effectively.
- C.** It enhances their ability to memorize academic content effectively.
- D.** It improves their skills in foreign languages in effective way

**Question 29:** Which of the following skills is NOT mentioned as important for teens in the passage?

- A.** Emotional intelligence
- B.** Financial literacy
- C.** Cooking and baking
- D.** Effective communication

**Question 30:** The passage suggests that mastering time management and organization helps teens to \_\_\_\_\_.

- A.** understand complex mathematical concepts
- B.** balance various aspects of their lives effectively
- C.** win competitions and awards in extracurricular activities
- D.** become professional athletes or artists

## B. PHẦN TỰ LUẬN:

*Complete the answers to these questions using cleft sentences focusing on the word or phrases in brackets.*

**Question 1:** Was it Mary who helped you with the project? (John)

→ No. It \_\_\_\_\_.

**Question 2:** Did you find your lost watch in the bedroom? (in the kitchen)

→ No. It \_\_\_\_\_.

**Question 3:** Were you planning to go on vacation this summer? (next winter)

→ No. It \_\_\_\_\_.

**Question 4:** Did the meeting start at 9 AM? (at 10 AM)

→ No. It \_\_\_\_\_.

**Question 5:** Was the book you mentioned written by J.K. Rowling? (by George R.R. Martin)

→ No. It \_\_\_\_\_.

*Rewrite the sentences using cleft sentences focusing on the underlined parts.*

**Question 6:** The band will release their new album next month.

→ It \_\_\_\_\_.

**Question 7:** Jason repaired the fence by himself.

→ It \_\_\_\_\_.

**Question 8:** She learned to speak Spanish while living in Madrid.

→ It \_\_\_\_\_.

**Question 9:** They found the lost keys in the back garden.

→ It \_\_\_\_\_.

**Question 10:** He runs a marathon every year to raise money for charity.

→ It \_\_\_\_\_.

## TEST 2

### A. PHẦN TRẮC NGHIỆM

*Mark the letter A, B, C, or D on your answer sheet to indicate the word whose underlined part differs from the other three in pronunciation in each of the following questions.*

**Question 1:** **A.** manage      **B.** carry      **C.** achieve      **D.** grandpa

**Question 2:** A. measure

B. study

C. decide

D. schedule

*Mark the letter A, B, C, or D on your answer sheet to indicate the word that differs from the other three in the position of primary stress in each of the following questions.*

**Question 3:** A. combine

B. learner

C. remove

D. around

**Question 4:** A. confidence

B. motivate

C. management

D. dependence

*Mark the letter A, B, C, or D on your answer sheet to indicate the word(s) CLOSEST in meaning to the underlined word(s) in each of the following questions.*

**Question 5:** Reading books helps me achieve confidence in my knowledge.

A. rinse

B. manage

C. gain

D. identify

**Question 6:** Knowing how to use public transportation is an essential skill for independence.

A. responsibility

B. freedom

C. motivation

D. confidence

*Mark the letter A, B, C, or D on your answer sheet to indicate the word(s) OPPOSITE in meaning to the underlined word(s) in each of the following questions.*

**Question 7:** Knowing the pros and cons of using technology can help us use it responsibly.

A. benefits

B. drawbacks

C. disadvantage

D. advantage

**Question 8:** Learning to deal with financial challenges helps us manage money effectively.

A. self-study

B. solve

C. get around

D. ignore

*Mark the letter A, B, C, or D on your answer sheet to indicate the option that best completes each of the following exchanges.*

**Question 9:** Binh and Minh are having coffee together:

**Binh:** "I am going to Australia tomorrow to start my scholarship!"

**Minh:** "\_\_\_\_\_"

A. Thanks so much!

B. Get well soon!

C. Have a great journey!

D. Happy holidays!

**Question 10:** Peter is receiving lucky money from his grandmother:

**Peter's grandmother:** "Here is your lucky money."

**Peter:** "Thank you, grandpa! \_\_\_\_\_"

A. I wish you a happy and healthy new year.

B. Good luck!

C. The same to you! Thanks.

D. Thank you for your wishes.

*Mark the letter A, B, C or D on your answer sheet to indicate the underlined part that needs correction following questions.*

**Question 11:** It is Dorry who installed the time-management apps for me.

A

B

C

D

**Question 12:** It was at 10 p.m. who my father called me several times to go home.

A

B

C

D

**Question 13:** Learning basic math skills helps you come of with solutions to everyday problems.

A

B

C

D

*Read the following passage and mark the letter A, B, C, or D on your answer sheet to indicate the correct word or phrase that best fits each of the numbered blanks.*

When our children become old enough to possibly feel rejected by their peers, it makes us miss the days of (14) \_\_\_\_\_, when we could clearly identify safety hazards and do something about it (like canvassing the house with those plastic outlet covers). As our children get older, we realize how important it is to (15) \_\_\_\_\_ and resolve those emotional safety hazards, but (16) \_\_\_\_\_, they don't make outlet covers for that.

Children around age 5 are pretty famous (17) \_\_\_\_\_ being blunt. They haven't quite gotten the social graces of not staring, pointing, or making cringe-worthy comments. We view what they say as embarrassing or hurtful, (18) \_\_\_\_\_ they are often simply stating what they see, like a narrator of their own experience. They haven't yet internalized those things called social norms!

Regardless of the intention of the other children pointing out your son's unique habits, what matters most is he feels bothered by something about himself that didn't bother him before other kids noticed. You are right that this is a great opportunity to work on building (19) \_\_\_\_\_ and a healthy self-esteem and to figure out the balance between embracing his individuality and feeling comfortable with peers. As a clinical psychologist in private practice who specializes in working with children and adolescents, here's how I would go about it.

**Question 14:** A. managing      B. gaining experience      C. getting around      D. doing babysitting

**Question 15:** A. remove      B. deal with      C. identify      D. carry out

**Question 16:** A. fortunately      B. unfortunately      C. fortunate      D. unfortunate

**Question 17:** A. for      B. with      C. to      D. on

**Question 18:** A. so      B. but      C. then      D. and

**Question 19:** A. management      B. learning goal      C. dependence      D. confidence

*Read the following passage and mark the letter A, B, C, or D on your answer sheet to indicate the correct answer to each of the questions.*

As far as time management tips go, working on a tight schedule can be useful for staying on top of work and balancing time effectively, especially if you're managing multiple projects and deliverables. But for some, scheduling the entire day can feel restrictive.

According to Chris Bailey, the author of *Hyperfocus: How to Be More Productive in a World of Distraction*, managing your focus is actually a lot more important than managing your time. "You can show up to meetings when you're supposed to, and are fully capable of keeping your calendar on track. Most of us are good at managing our time," he writes. "What we're not good at is managing our attention."

Even the most well-scheduled day can be thrown off completely if we're distracted, and it's not easy to regain focus on the spot. In order to improve "attention management," executive coach Monique Valcour suggests that you reserve time for daily self-reflection. It can help you understand what's working, what's not, and how to tackle the next day more effectively. "If one approach isn't working, try another rather than continuing to hammer away fruitlessly," she writes.

Whether you're a chronic scheduler or prefer flying by the seat of your pants, what matters most is that the system works for you. "Productivity strategies ... lose their potential to motivate when they don't feel meaningful," says Valcour. "Try reframing something you have to do in terms of your core values for stronger and more sustained focus."

**Question 20:** What is the best title for the passage?

- A. Focus on managing your attention, not your schedule.
- B. Chris Bailey – a famous author.
- C. Time-management skills.
- D. Monique Valcour – an effective executive coach.

**Question 21:** Which of the following sentences is TRUE, according to Chris Bailey?

- A. We are not good at managing our time
- B. We are good at managing our concentration.





A

B

C

her novel.

D

**Question 6:** Her happiness is independent on her material possessions; she finds joy in the simpler things in life.

A

B

C

D

*Mark the letter A, B, C, or D on your answer sheet to indicate the correct answer to each of the following questions.*

**Question 7:** Becoming independent requires you to get into the \_\_\_\_\_ of making decisions for yourself and standing by them.

A. habit

B. routine

C. action

D. schedule

**Question 8:** In the workplace, \_\_\_\_\_ skills enable employees to meet deadlines and showcase their independence and reliability.

A. decision-making

B. communication

C. problem-solving

D. time-management

**Question 9:** Don't forget \_\_\_\_\_ your alarm before you go to sleep to ensure you wake up on time for your meeting.

A. set

B. to set

C. setting

D. sets

**Question 10:** I will \_\_\_\_\_ every effort to complete the project before the deadline, even if it means working late.

A. do

B. make

C. take

D. get

**Question 11:** Financial \_\_\_\_\_ on others can limit personal freedom and the ability to make decisions.

A. depend

B. dependence

C. dependent

D. independence

**Question 12:** Moving to a new country requires you to get used to the \_\_\_\_\_ of adapting to a different culture and possibly learning a new language.

A. challenges

B. benefits

C. routines

D. experiences

**Question 13:** Teachers should \_\_\_\_\_ students to ask questions and be curious, fostering a love for learning.

A. limit

B. ignore

C. control

D. encourage

**Question 14:** To become more independent, she decided to make \_\_\_\_\_ of her savings to start her own small business.

A. turn

B. use

C. success

D. question

**Question 15:** It was in the summer of 2010 \_\_\_\_\_ I first learned to swim.

A. which

B. who

C. that

D. when

**Question 16:** To become financially independent, one must learn to \_\_\_\_\_ their expenses effectively.

A. increase

B. ignore

C. manage

D. accumulate

**Question 17:** Achieving independence often involves setting and pursuing personal \_\_\_\_\_.

A. obstacles

B. goals

C. fears

D. distractions

**Question 18:** Financial literacy is crucial for independence and includes understanding how to \_\_\_\_\_ and invest money.

A. spend

B. save

C. waste

D. borrow

**Question 19:** An independent individual often takes responsibility for their \_\_\_\_\_.

A. excuses

B. actions

C. subjects

D. surroundings

*Read the following passage and mark the letter A, B, C, or D on your answer sheet to indicate the correct answer to each of the questions.*

The journey to financial independence is a crucial aspect of adult life, encompassing the dual skills of earning and managing money effectively. Mastering these skills not only secures one's financial future but also imparts a sense of confidence and autonomy.

Earning money is the first step toward financial independence. This can be achieved through traditional employment, where individuals work for companies or organizations in exchange for a salary. Entrepreneurship is another avenue, where individuals start their own businesses, turning their passions and ideas into profitable ventures. In the digital age, freelancing and online businesses offer flexible and diverse opportunities to generate income from virtually anywhere in the world.

However, earning money is just part of the equation; managing it wisely is equally important. Effective money management begins with budgeting, a process that involves tracking income and expenses to ensure that spending

does not exceed earnings. Saving is another crucial component, involving setting aside a portion of one's income for future needs, emergencies, or investments. Investing wisely in stocks, real estate, or other assets can further grow one's wealth and provide financial security.

Despite the myriad ways to earn money, the principles of financial management remain constant. Understanding the value of money, the importance of **living within one's means**, and the power of compound interest can transform financial habits and lead to a more secure and prosperous life.

**Question 20:** What is the main focus of the passage?

- A.** The importance of budgeting and saving.
- B.** Ways to earn money and manage it effectively.
- C.** The benefits of traditional employment over freelancing.
- D.** Investment strategies for growing wealth.

**Question 21:** According to the passage, why is managing money as important as earning it?

- A.** It ensures that one can travel and explore different cultures.
- B.** It prevents spending more than what is earned and promotes saving.
- C.** It allows one to start a business with minimal investment.
- D.** It is the only way to become financially independent.

**Question 22:** Which of the following is NOT mentioned as a method of earning money?

- A.** Working for a company
- B.** Investing in real estate
- C.** Starting an online business
- D.** Winning a lottery

**Question 23:** The phrase "**living within one's means**" most likely means \_\_\_\_\_.

- A.** investing in expensive assets
- B.** spending more than one earns
- C.** spending money only on necessities
- D.** spending less than or equal to what one earns

**Question 24:** What role does investing play in achieving financial independence according to the passage?

- A.** It is less important than earning and saving.
- B.** It is not necessary if one has saved enough money.
- C.** It can further grow one's wealth and provide financial security.
- D.** It should be avoided until one has substantial savings.

*Read the following passage and mark the letter A, B, C, or D on your answer sheet to indicate the correct word or phrase that best fits each of the numbered blanks.*

In the age of information, self-study has emerged as a powerful tool for personal and professional growth. With the vast array of (25) \_\_\_\_\_ at our fingertips, from online courses to digital libraries, acquiring new knowledge has never been more accessible. (26) \_\_\_\_\_ traditional classroom settings, self-study allows learners to tailor their educational journey to their own pace and preferences. This method not only enhances one's ability to learn independently but also fosters a (27) \_\_\_\_\_ for lifelong learning. However, self-study requires a significant amount of self-discipline and motivation, as learners must set their own goals and deadlines. The challenge of staying (28) \_\_\_\_\_ without external pressures can be daunting for some. Effective self-study strategies, such as setting clear objectives and utilizing a variety of learning materials, can make the process more manageable and rewarding. Ultimately, the success of self-study depends on the individual's commitment to their (29) \_\_\_\_\_ and their ability to navigate the wealth of information available.

**Question 25:** A. resources      B. obstacles      C. schedules      D. restrictions

**Question 26:** A. Like      B. Unlike      C. Despite      D. As

**Question 27:** A. requirement      B. pressure      C. behaviour      D. habit

**Question 28:** A. focused      B. informed      C. limited      D. social

**Question 29:** A. educate      B. education      C. educational      D. educated

*Mark the letter A, B, C, or D on your answer sheet to indicate the sentence that best completes each of the following exchanges.*

**Question 30:** Leah and Sara are talking about moving to a new city for college.

Leah: "I'm a bit nervous about living in a new city all by myself."

Sara: " \_\_\_\_\_. It's a big step, but it will help you grow in so many ways."

- A.** You should reconsider
- C.** That's completely understandable

- B.** Just stay close to home
- D.** It's not as good as it sounds

**Question 31:** Chris and Jordan are talking about managing finances for the first time.

Chris: "Do you think it's a good idea to start budgeting and saving as soon as we start earning?"

Jordan: " \_\_\_\_\_. It's the first step towards financial independence."

- A.** That's unnecessary at our age
- C.** I'd rather spend what I earn

- B.** Absolutely, I couldn't agree more
- D.** I don't understand

*Mark the letter A, B, C, or D on your answer sheet to indicate the word(s) **CLOSEST** in meaning to the underlined word(s) in each of the following questions.*

**Question 32:** Learning to navigate public transportation systems can be a significant step towards achieving autonomy in a new city.

- A.** independence
- B.** dependence
- C.** confusion
- D.** familiarity

**Question 33:** As young adults transition to living on their own, they often encounter managing their personal finances for the first time.

- A.** experience
- B.** own
- C.** solve
- D.** prefer

*Mark the letter A, B, C, or D on your answer sheet to indicate the word(s) **OPPOSITE** in meaning to the underlined word(s) in each of the following questions.*

**Question 34:** Saving money from a part-time job teaches valuable lessons about financial responsibility.

- A.** spending
- B.** earning
- C.** managing
- D.** learning

**Question 35:** Finding activities that motivate you significantly to learn new skills and pursue personal growth.

- A.** stimulate
- B.** inspire
- C.** discourage
- D.** encourage

## **B. PHẦN TỰ LUẬN:**

*Complete the answers to these questions using cleft sentences focusing on the word or phrases in brackets.*

**Question 1:** Did you learn to play the piano as a child? (as an adult)

→ No. It \_\_\_\_\_.

**Question 2:** Was the award won by the science department? (by the mathematics department)

→ No. It \_\_\_\_\_.

**Question 3:** Did the storm cause the power outage last night? (this morning)

→ No. It \_\_\_\_\_.

**Question 4:** Were you impressed by the movie's special effects? (by the storyline)

→ No. It \_\_\_\_\_.

**Question 5:** Did she buy the dress for her birthday party? (for her graduation)

→ No. It \_\_\_\_\_.

*Rewrite the sentences using cleft sentences focusing on the underlined parts.*

**Question 6:** Alice received a scholarship because of her outstanding essay.

→ It \_\_\_\_\_.

**Question 7:** The science club won the competition with their innovative project.

→ It \_\_\_\_\_.

**Question 8:** Mark gets his love for literature from his grandfather.

→ It \_\_\_\_\_.

**Question 9:** The community garden was started by a group of enthusiastic neighbors.

→ It \_\_\_\_\_.

**Question 10:** She can solve complex math problems in her head very quickly.

→ It \_\_\_\_\_.

**THE END.**