

Strawberry Banana Smoothies

Ingredients

- a. 12 strawberries
- b. 2 bananas
- c. 350 mL orange juice
- d. 125 mL Greek yogurt



Recipe

1. Cut the strawberries and bananas into small pieces.
2. Put the fruit, juice and yogurt into the blender.
3. Blend your smoothie until there are no lumps.
4. Enjoy your smoothie!

