

### 1. Choose & Reveal

Choose ONE topic. Do not explain your choice at first.  
Then speak for 40–60 seconds and explain your opinion.

- Something school doesn't prepare us for
- A rule that makes no sense
- Something adults misunderstand about teenagers



### 2. Finish the Thought

Complete each sentence out loud.  
Do not pause for more than 3 seconds.



1. Nobody tells us that
2. School should teach us how to
3. One thing teenagers are actually good at is
4. Adults think we care about , but actually we care about

### 3. Opinion Swap

Say the opinion even if you don't agree with it.  
This is a role-play, not your real opinion.



- Phones make us smarter.
- Homework is useless.
- Social media helps real communication.

### 4. Speak as...

Choose one role and speak as this person for 40–60 seconds.

Speak as:

- a future employer
- a teacher in 2050
- a parent of a teenager
- a student from another country



## 5. One-Minute Rant

You have 60 seconds to complain about ONE thing.

Rules:

- ✗ Do not stop
- ✗ Do not say names
- ✗ Do not use rude words

Choose a topic:

- school rules
- exams
- expectations



## 6. HOT TAKE

Choose one statement.

Say if you agree or disagree and explain why.

School should start later  
in the day.

Grades don't show real  
intelligence.

Teenagers understand the  
world better than adults  
think.