

How good a doctor are you?

Why might someone have...?

A bruise	From walking a long way in uncomfortable shoes, or from wearing shoes that are too tight. It is a swelling on the skin filled with liquid.
A rash	From a fall, being hit by sb, or knocking against sth, leaving you with a blue, brown, or purple mark
A blister	From a drug that has an unwanted bad effect
Side-effects	As an allergic reaction to sth, or with certain children's illnesses, such as measles. It is an area of red spots on the skin.

What treatment might be given for..?

A small cut	An icepack, followed by a tight bandage and putting your foot up
A deep cut	Usually an X-ray followed by a plaster cast. If the break is serious, possibly surgery under anesthetic to insert metal plates or rods.
A throat infection	For a bacterial infection, you might be given antibiotics. For a viral infection (e.g. a cold, flu), there is often no treatment, except for throat sweets and painkillers.
A sprained ankle	A plaster
A broken arm	Stitches

What are the symptoms of..?

A cold	Sneezing, coughing, a runny nose, a sore throat
The flue	Vomiting / Being sick, diarrhea
Food poisoning	As for a cold, but also with a temperature/fever, and general aches and pains
A heart attack	Speech difficulty, weakness or loss of feeling in one arm, loss of feeling in one side of the face
A stroke	Chest pain, arm pain, fast or irregular heartbeat, sweating, dizziness

What might happen to you if..?

Had to stand for a long time in a hot, crowded room	You might have an allergic reaction, get a rash, or your hand might swell up.
Were stung on your hand by a bee	You might get hypothermia.
Spent the night outdoors in the cold	You might faint.

In what circumstances might somebody need to see..?

Their GP (general practitioner)	Because you have a medical problem that requires advice or treatment from a doctor who is an expert in that field.
A specialist	For any non-emergency medical problem (GP = General Practitioner, i.e. a doctor who deals with general medical problems that don't require a specialist)
A surgeon	If you need diagnosis, advice, or treatment for a mental health condition
A psychiatrist	If you need to have an operation. A surgeon is a doctor who performs operations.

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