

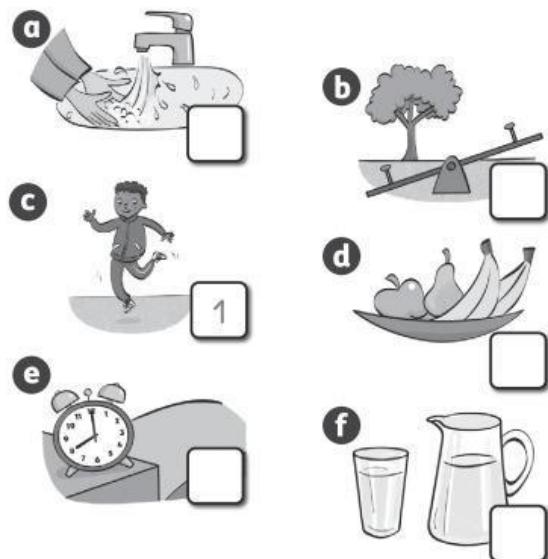
# 5 Unit record

Name: \_\_\_\_\_

## Lesson 1 Words Let's talk about staying healthy.

1 Match. Then look and number.

1 do ●	● your hands
2 eat ●	● exercise
3 play ●	● water
4 drink ●	● fruit
5 go ●	● to bed early
6 wash ●	● outside



## Lesson 2 Grammar Let's talk about how often we do things.

2 Look and write sentences.

**eat vegetables do exercise eat ice cream play outside go to bed early**

Monday				
Tuesday				
Wednesday				
Thursday				
Friday				

- 1 Mia goes to bed early five times a week.
- 2 She \_\_\_\_\_.
- 3 She \_\_\_\_\_.
- 4 She \_\_\_\_\_.
- 5 She \_\_\_\_\_.

# 5 Unit record

Name: \_\_\_\_\_

## Lesson 3 Words and Grammar Let's talk about how we relax.

3 Look and write sentences.

✓✓✓ always    ✓✓ often    ✓ sometimes    ✗ never

do karate    go fishing    play volleyball    do art    go swimming

- 1  She sometimes goes fishing.
- 2  He \_\_\_\_\_.
- 3  They \_\_\_\_\_.
- 4  She \_\_\_\_\_.
- 5  I \_\_\_\_\_.

## Lesson 4 Story Let's read about feeling too busy.

4 Write T (true) or F (false).

- 1 Ben does his homework every day. T
- 2 He plays football once a week.
- 3 He always goes swimming at the weekend.
- 4 He goes fishing with his mum.
- 5 At the end of the story, Ben and his dad relax.



## Lesson 5 Skills and Culture Let's learn about exercise in Brazil and China.

5 Read and tick ✓.



1 This sport is very popular in China.	<input checked="" type="checkbox"/>
2 People do this sport on the beach in Brazil.	<input type="checkbox"/>
3 Older people do this sport in the park.	<input type="checkbox"/>
4 The players always do slow and careful moves.	<input type="checkbox"/>
5 The players sometimes do big jumps and high kicks.	<input type="checkbox"/>