Lesson 2B

GRAMMAR | definite article: *the*
VOCABULARY | air travel; at the airport
PRONUNCIATION | strong and weak forms: *the*

VOCABULARY

air travel

1 **Complete the blog post with the words in the box.**

arrival time	change	delay	due to arrive	fly out
flight	land	made a reservation	take off	

Ali Evans – 10 minutes ago

What a terrible start to my holiday in San Sebastián! The plan was to [1] _____ from London and then [2] _____ in Madrid. Unfortunately, there was a problem with my first [3] _____ and it didn't [4] _____ until 15.30. That was a [5] _____ of over two hours. At the start of the flight, the pilot said that we were [6] _____ in Madrid at around 18.00, but the weather was terrible so we couldn't [7] _____ there. We went to a really small airport instead and then we had to take a bus to Madrid. My [8] _____ at Madrid airport was actually 20.30. It was too late to get a flight to San Sebastián.



I [9] _____ at a hotel in Madrid and there's where I am now. I'm on the 11.55 flight to San Sebastián tomorrow. Hope it's on time!

at the airport

2A **Choose the correct word or phrase to complete the sentences.**

1 The man at the _____ desk gave us our boarding passes.
a check-in **b** baggage **c** customs

2 We went through _____ where people checked our bags with X-ray machines.
a passport control **b** security **c** departure

3 We went to the _____ and waited to board the plane.
a departure lounge **b** customs **c** check-in desk

4 We _____ the plane and found our seats.
a changed **b** boarded **c** got off

5 The woman at _____ control looked at my photo and my face carefully.
a lounge **b** baggage **c** passport

6 We walked through _____ where people were checking luggage.
a control **b** arrivals **c** customs

B **Complete the advice with one word in each gap.**

For first-time users of an airport

[1] _____-in – show the staff your passport and ticket here. They take your large bags or suitcases and give you a [2] _____ pass.

[3] _____ – here, you put your coat, wallet, keys in a tray and put it through the X-ray machine. Staff check you're not carrying anything dangerous.

Departure [4] _____ – go here to wait for your flight. Visit the shops and restaurants. Find your gate and [5] _____ your plane when it's ready.

Passport [6] _____ – show your passport to security staff after you [7] _____ off the plane in a different country.

[8] _____ reclaim – collect your luggage here.

[9] _____ – walk through this area. Staff might stop you and look in your luggage. Tell staff about any food or valuable items you have.

[10] _____ hall – meet your friends here, and exit the airport to get a bus, train or taxi.

GRAMMAR

definite article: *the*

3A **Choose the correct words to complete the sentences.**

1 Choose a seat, then put your bag on **seat / the seat**.
2 **Flight / The flight** to Barcelona is quite short.
3 It can take **time / the time** to find a cheap flight.
4 I'd love to visit **Sahara / the Sahara** Desert!
5 My flight leaves early **in morning / in the morning**.
6 Please meet me at **train station / the train station**.

B **Complete the story with *the* or no article (–).**

On a trip to [1] _____ Sardinia, the Italian island, my friend and I rented a car. We wanted to go to a beach which [2] _____ tourists didn't usually visit and swim in [3] _____ Tyrrhenian Sea. So, we put all our bags in [4] _____ car. I put the destination into [5] _____ map on my phone and we started our journey. On the way, one of the roads was closed. The map gave us [6] _____ different choices and we chose the quickest one. That was a mistake, because [7] _____ road got worse and worse. It was scary! After an hour, we got to our destination. [8] _____ sea was beautiful and we were happy to be there, but it took us a long time to relax! In [9] _____ evening, we took a different route where the road was safer! We learnt that online maps aren't always right and [10] _____ safety is more important than time!

LIVEWORKSHEETS

PRONUNCIATION

4 **2.04 | strong and weak forms: *the* | Listen to the sentences. Is *the* pronounced in its strong (S) or weak (W) form?**

1 What's the name of your hotel?
2 This is the only morning flight.
3 I'd love to fly over the Andes.
4 We have to wait in the departure lounge.
5 My brother is in the arrivals hall.
6 The plane isn't very big.

READING

5 **Read the article. Match each traveller (A–D) with the item they lost or forgot about (1–4).**

1 passport
2 purse
3 mobile phone
4 ring

6A **Read the article again. Are the statements True (T) or False (F)?**

1 Darius asked others for help.
2 Darius's wife was upset about the ring.
3 Darius got a gift after his holiday.
4 Alice forgot something because she was helping someone else.
5 Alice thought it was funny when she found her phone.
6 Lucas found his passport when he was at the hotel.
7 Lucas's friends stayed with him in Mexico.
8 Lucas was happy when he found his passport.
9 Emi did something too fast.
10 Emi got the lost item back safely without any problems.

B **Complete each sentence with one or two words from the article.**

1 Darius was in the _____ on his own.
2 Alice wanted to use her phone to _____.
3 Alice's _____ was driving the car.
4 Lucas and his friends were in Tijuana for one _____.
5 Emi looked for her wallet when she was in the _____ of the airport.
6 Emi asked for help at the _____.

C **Complete the plans with the name of a writer from Ex 5.**

1 Next time, _____ is going to put everything in their car before they help others.
2 Next time, _____ is going to carefully check their bag when they can't find something.
3 Next time, _____ is going to check they have everything at the end of a flight.
4 Next time, _____ is going to take off one important thing before going swimming.

Travelling abroad: lost and (sometimes) found

Losing something on holiday is never fun. Here, four people tell us their stories about losing something abroad.

A Darius



One morning, on holiday with my wife, I went down to the pool alone. While I was swimming, I saw that my wedding ring wasn't on my finger. It was in the water! I asked people around me to look for it but none of us could find it. I was afraid to tell my wife, but she was fine about it. She bought me a new ring when we got home.

B Alice



My family and I were staying at a house in Florida. One morning, I put my phone on top of the car while I was putting my youngest child in his car seat. Then I got into the car and we drove off. Later, I wanted to take photos, but I couldn't find my phone anywhere. I looked in every bag, but it wasn't there! We found it when my husband drove over it. He was parking the car in front of our house and he didn't see it. It was completely broken. I was very upset about it at the time, but we can all laugh about it now.

C Lucas



I was in Mexico with some friends. We had a fantastic week in Tijuana. On our last day, we left the hotel and got in the car to go home. When we got to security at the border between Mexico and the USA, I couldn't find my passport. We went back to the hotel, but it wasn't there. I couldn't believe it! My friends had jobs to go to so they went home. I went to the US Embassy in Tijuana to get a new passport. It took two days. I wasn't pleased, but I felt worse when I got home and found my lost passport at the bottom of my bag.

D Emi



I was so excited when I landed in Paris that I got off the plane very quickly. In the arrivals hall, I saw that my purse wasn't in my bag. It was on my seat on the plane! I went to the airline desk and told them the problem. After an hour, someone brought me my purse. I was very pleased!

LIVEWORKSHEETS

Lesson 2C

HOW TO ... | make and accept offers
VOCABULARY | actions
PRONUNCIATION | intonation in offers

VOCABULARY

actions

1 A **Choose the correct word to complete the sentences.**

1 We should make a _____ of all these good ideas.
a look **b** note **c** gift

2 It's kind to _____ the door open for people.
a hold **b** carry **c** take

3 I'll _____ your suitcase to the car for you.
a carry **b** hold **c** make

4 I always _____ my son's hand when we're out.
a bring **b** carry **c** hold

5 Let's take a _____ at the new art shop.
a hold **b** look **c** time

6 Here, I've _____ you all some coffee.
a held **b** taken **c** brought

B **Complete the email with the words in the box.**

answered (x2)	brought	cancelled
carried	made	take

Sorry I didn't reply earlier. As you know, I'm a PA and I've had a really busy day. I didn't even have time to [1] _____ a break. My manager wasn't feeling well, so I [2] _____ all her appointments for the day. Then I [3] _____ all her emails. Next, I went out and [4] _____ back some flowers for her. I [5] _____ a tray with some soup to her office for lunch and then I [6] _____ lots of new appointments for her for the next week. During all that time, I [7] _____ the phone when it rang. And it rang a lot!

How to ...

make and accept offers

2 A **2.05 | Listen to the conversations (1–3). Choose the correct option (a or b).**

1 The girl offers to help her friend
a clean the house.
b do her homework.

2 The woman offers to
a cancel the man's appointment.
b change the man's appointment.

3 The man offers to talk to
a another student.
b a colleague about her work.

B **2.06 | Put the words in the correct order to make sentences. Then listen and check.**

1 to help / want me / you? / you / Do
2 great. / Yes, / would be / please. / That
3 do / I / washing up. / can / the
4 these cups / put / kitchen. / I'll / in the / all
5 it? / want me / you / cancel / Do / to
6 the one / book / the 24th? Shall / on / I
7 email you / want me / the information? / Do / to / you
8 I'm / you, / OK. / Thank / but
9 her? / I / talk / Shall / to
10 you. / of / That's / kind
11 talk to / Let / first. / him / me
12 a / help. / great / OK, / that's

PRONUNCIATION

3 **2.07 | intonation in offers | Listen and choose the offers that sound polite.**

1 Let me carry your bags for you.
2 Shall I open a window?
3 I can take you to work.
4 Do you want us to help you?
5 Let me answer the email.
6 I'll hold the door open.

SPEAKING

4 A **Complete the conversation with the words in the box.**

but	can	good	let	go	shall	want

A: My sister and her children are coming for dinner tomorrow.
B: Oh, right. [1] _____ I cook some pasta for us all?
A: That would be great.
B: I [2] _____ make a cake, too.
A: That's [3] _____ of you. Lucas and Carla love your lemon cake.
B: I know!
A: I can [4] _____ to the supermarket later and get everything we need.
B: Do you [5] _____ me to come with you?
A: Thank you, [6] _____ I'm OK. I don't need to get a lot.
B: [7] _____ me come with you. I can carry the bags to the car.
A: OK. That's fine with me!

B **2.08 | Listen and check.**

C **2.09 | You are B in Ex 4A. Listen and speak after the beep. Record the conversation if you can.**

D **Listen to your recording and compare it to Ex 4B.**

Speak anywhere Go to the interactive speaking practice
LIVEWORKSHEETS

Lesson 2D

GRAMMAR | *all, some, both, none of them*
READING | managing stress

GRAMMAR

all, some, both, none of them

1 **Match the sentence beginnings (1–6) with the endings (a–f).**

1 I want to speak to Nina and Sharif, but
2 We invited all our friends for dinner, but
3 Our manager asked the team to work late and
4 We planted some pretty flowers and
5 I went on holiday alone because
6 She laughed when she saw her two children because

a all of us agreed.
b two of them couldn't come.
c one of them had pen all over his face!
d none of my friends could afford the trip.
e both of them are away.
f most of them are still alive.

2 **Complete the sentences with one word in each gap.**

1 We wanted to get a coffee, but _____ of us had any money.
2 I've got two brothers. _____ of them are older than me. I'm the youngest.
3 Most of our meetings are online. Two of _____ are in the office.
4 Please be on time. Some of _____ usually come early, but most of you are late!
5 Most of _____ people in my family live around here.
6 We _____ want to have fun and enjoy the weekend. Every one of us.

READING

3A **Read the article. How many suggestions does it make for managing stress?**

a three **b** five **c** seven

B **Read the article again. Choose the correct words to complete the sentences.**

1 The writer says everyday stressful situations are **small** / **big**.
2 She suggests we can **always** / **sometimes** leave a stressful situation.
3 She suggests **turning off phones** / **leaving phones in another room**.
4 We should exercise **regularly** / **when we're stressed**.
5 She says that it's **bad** / **good** to forget the time when doing a hobby.
6 She suggests **talking** / **not talking** about our stress.
7 She says we **always** / **don't always** need to talk to friends and family.
8 She believes **different** / **the same** ideas help different people.

4 **Complete each sentence with one word from the article.**

1 The writer says it's stressful when you can't talk to a _____ person at the bank.
2 The writer says that university students can't just leave a _____.
3 The writer suggests that for exercise, we should _____ every day.
4 The writer believes that a hobby can help to _____ off stress.
5 The writer suggests we meet new people by finding a _____ to join.

What to do when you're stressed



Most days, we find ourselves in a stressful situation. Maybe we're late for work and every traffic light on the road turns red. Or we have a question about our bank account, but we can't seem to speak to a real person when we call. These are not huge problems, but when lots of things like this happen together, they can feel huge and we become really stressed. So, what should we do?

When we're in a really stressful situation, we can walk away and go to a different place. It's not always possible, of course. We can't always walk out of a business meeting or a university lecture. But these days, we use our phones or computers a lot to communicate with people for work or with friends and family. When the stress is coming from our phones and computers – maybe someone keeps emailing us or calling us or we can't get an app to work – we can switch them off. That's similar to leaving a room.

Regular exercise is good for stress. This doesn't mean we have to get up and run fast and far. A walk is enough to help us clear our heads. It's also really good for our general health, too, so we should all make time for a daily walk in our lives. We should also try to do something we enjoy every day. Baking? Video games? Drawing? It doesn't matter what it is. When we focus on something we like, we forget about the time. That's often good for us. It can help to switch off some of our stress.

Perhaps the most important thing is to talk to other people about how we feel. When we hold our stress inside, it can make us feel worse. Talk to friends, family, a doctor or join a club and meet new people and talk to them.

Stress is a part of life, but there are different ways to manage it. We just need to find what works for us.

LIVEWORKSHEETS