

Gapped Summary (B2+) Grit: The Power of Passion and Perseverance

After leaving a demanding job in consulting, Angela Lee Duckworth became a math teacher in a New York public school. She noticed that students' success was not determined only by their IQ or academic ability. Some students with lower test scores performed better than others who were considered more intelligent. This experience led her to question traditional ideas about _____ (1) in education.

Later, as a psychologist, Duckworth carried out research in a variety of challenging environments, including military training, schools, and professional workplaces. Across these very different contexts, one key _____ (2) consistently predicted success. This factor was not physical health, social intelligence, or high IQ, but something she calls _____ (3).

Duckworth defines grit as a combination of passion and _____ (4) for long-term goals. It involves stamina and the ability to remain focused over many years, treating life like a marathon rather than a _____ (5). Her studies showed that students with higher levels of grit were more likely to achieve important educational outcomes, such as school _____ (6), even when factors like family income were taken into account.

One surprising finding from her research is that natural _____ (7) does not necessarily lead to grit. In fact, many highly talented individuals fail to maintain long-term _____ (8). According to Duckworth, one promising approach to developing grit is the concept of growth mindset, which is the belief that learning ability is not _____ (9) and can improve through effort.

However, she emphasizes that there is still limited scientific _____ (10) about how grit can be effectively built. Duckworth argues that educators and parents must continue testing ideas, learning from _____ (11), and refining their methods. Ultimately, she concludes that helping children develop grit is a shared _____ (12) that requires patience, persistence, and openness to change.