

STUDENT WORKSHEET – GRADE 10 (B2): Emotions, Personality & Expressive Language

Name: _____

Class: _____ Date: _____

1. Lead-in

1. How are you feeling today? Use one adjective.

2. What does usually affect your mood at school?

2. Idioms with Animals – Match the Meanings: Match the idioms with their meanings.

1. as brave as a lion
2. as wise as an owl
3. as stubborn as a donkey
4. as cunning as a fox
5. as quiet as a mouse
6. as sick as a dog
7. as proud as a peacock
8. as slow as a snail

- a. very quiet
- b. extremely proud
- c. very ill
- d. fearless
- e. clever and deceptive
- f. extremely intelligent
- g. unwilling to change your opinion
- h. moving very slowly

3. Idioms in Context – Individual Work: Choose TWO idioms from Exercise 2 and write sentences.

1. _____
2. _____

4. Adjectives & Opposites: Write the opposite of each adjective.

courageous → _____

modest → _____

flexible → _____

healthy → _____

quick-witted → _____

Write one sentence using an adjective and its opposite.

5. Phrasal Verbs – UP or DOWN?: Complete the sentences.

1. Calm _____ there's no need to panic.
2. The good news really cheered me _____.
3. After weeks of stress, things finally eased _____.
4. He refused to open _____ about his feelings.
5. Let's wind _____ after such a long day.

6. Extreme Adjectives: Replace 'very + adjective' with an extreme adjective. Use: (*terrifying, delighted, furious, , appalling, exhausted*)

very tired → _____
very happy → _____
very angry → _____
very frightening → _____

very bad → _____

7. -ed or -ing Adjectives: Choose the correct form

1. I find horror films: terrified / terrifying
2. She felt deeply: disappointed / disappointing
3. The music was: relaxed / relaxing
4. I was really: pleased / pleasing

8. Writing Task – Individual Work

Write 80–100 words about a moment when your emotions were intense.

Use at least:

- one idiom
- one phrasal verb
- one extreme adjective

9. Self-assessment : Tick what you can do:

- I can use idioms with animals correctly
- I can use extreme adjectives instead of 'very'
- I understand phrasal verbs with up and down

I can talk about my emotions in English