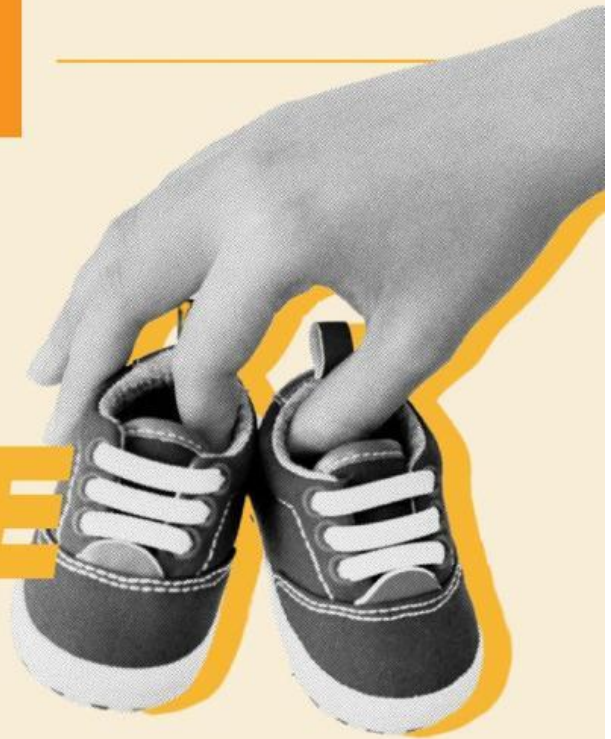


# A BABY ROUTINE



## Warm up

1. With a partner, discuss the questions:

- 1) What do babies do every day?
- 2) Do you think they need a routine? Why or why not?

# Vocabulary

1. Match the words to the pictures.

**change diapers**

**burp the baby**

**take a nap**

**wake up**

**do tummy time**

**bottle-feed**

**put the baby in the bouncer**

**breastfeed**

**sterilize baby bottles**

**bathe the baby**



## Watching

1. Watch the video once. Answer the question.

What is the video about?

- a) ☐ A mom shows her baby's bathtime.
- b) ☐ A mom shows her baby's morning wake window.
- c) ☐ A mom shows her baby's night routine.

### WAKE WINDOW

The time when a baby is awake between two naps.

It starts when the baby wakes up, and ends when the baby goes to sleep again.

MINJI TOWN

Watch the  
video 

 LIVEWORKSHEETS

2. Watch the video again. Number the sentences as you see them.

- ☐ The baby does tummy time
- ☐ She burps the baby
- ☐ She puts the baby in the bouncer
- ☐ The baby takes a nap
- ☐ She changes the baby's diapers
- ☐ She breastfeeds the baby
- ☐ She washes and sterilizes the baby bottles
- ☐ The baby wakes up



**Watch the**  
 **video**



**LIVEWORKSHEETS**



## Listening

1. Listen to an influencer talking about her baby's routine. Complete the gaps.

Hi, everyone! I'm so excited to share our baby's routine with you today! My baby is 3 months old and this is what a typical day looks like.

In the morning, my baby \_\_\_\_\_ around 8:00. I \_\_\_\_\_ him right after he wakes up, and then I \_\_\_\_\_ him.

After that, I \_\_\_\_\_ his \_\_\_\_\_ and \_\_\_\_\_ him in the \_\_\_\_\_, so I can get ready for the day. He really likes it there — he watches me and smiles.

Later, we go for a little walk. He loves being outside!

After the walk, he usually \_\_\_\_\_.

When he wakes up, he \_\_\_\_\_ some \_\_\_\_\_. It's great for his little muscles!

Then, I \_\_\_\_\_ him and he rests a bit more.

In the afternoon, I wash and \_\_\_\_\_ all the \_\_\_\_\_.

In the evening, I \_\_\_\_\_ him. He relaxes so much during bath time. It's one of my favorite parts of the day.



2. Listen again and say if the sentences are true or false:



a) The baby wakes up at 6:00. ☐

b) The mom breastfeeds the baby in the morning. ☐

c) The baby doesn't like to go outside. ☐

d) The baby does tummy time after the walk. ☐

e) The baby gets a bath in the evening. ☐

## Talking Point

Discuss the questions with a partner:

- 1) Do you know any babies? How old are they?
- 2) How many hours does a baby usually sleep?
- 3) What time do babies usually wake up?
- 4) What do babies do in the morning?
- 5) Is it easy or difficult to take care of a baby? Why?



## Grammar Point - Present Simple Review (Third Person Singular)

1. Read the sentences. Underline the verbs.

**She burps the baby.**

**She washes his baby bottles.**

**The baby cries because he's hungry.**

What happens to the verb when we use the third person singular?

- a) ☐ the verb changes
- b) ☐ the verb stays the same
- c) ☐ we add 's' to the verb

2. When we use the third person singular (He, She, It), the verbs in the present need to change. Study the rules:

- For most verbs, add s - She breastfeeds the baby.
- For verbs ending in 's', 'sh', 'ch', 'o', 'x', 'z', add es - The baby does tummy time.
- For verbs ending in a consonant + y, remove y and add ies - The baby cries a lot.

In *negative sentences*, we use 'does + not (doesn't)'. The verb keeps its infinitive form (no more changes to the verb):

She doesn't bathe the baby in the morning.

We invert 'does' and the subject pronoun (He, She, It) to *form questions*:

Does he take a nap in the morning?

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