



Simple Present & Present Progressive



Instructions:

- Read the sentences.
- Choose the correct verb tense.

Read the sentences.

Choose the correct verb tense.

Use **Simple Present** for daily routines.

Use **Present Progressive** for actions happening now.



Complete all the activities.

1 I ___ (eat / **am eating**) breakfast every morning.

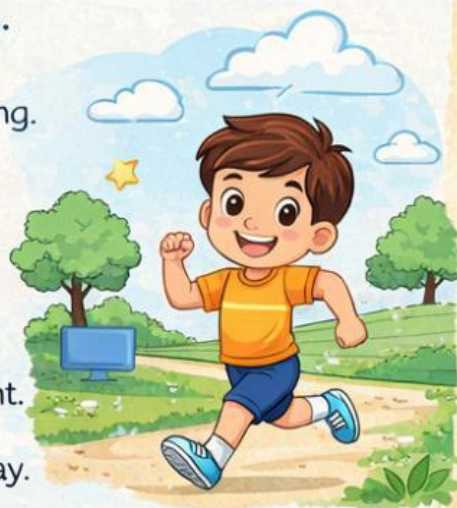
2 She ___ (**plays** / **is playing**) soccer right now.

3 We ___ (**go** / **are going**) to school from Monday to Friday.

4 He ___ (**reads** / **is reading**) a book at the moment.

5 My mom (**cooks** / **is cooking**) dinner every day.

6 They ___ (**watch** / **are watching**) TV now.



7 I ___ (**brush** / **am brushing**) my teeth every night.

8 The boy ___ (**runs** / **is running**) in the park right now.

9 She ___ (**likes** / **is liking**) apples and bananas.

10 We ___ (**study** / **are studying**) English now.

