

TEENAGERS AND SMARTPHONES

Read the text and choose the correct word for each blank.

Nowadays, many teenagers use smartphones every day, and this has both advantages and disadvantages. One important advantage (1)_____, communication. Smartphones allow teens to stay in touch with friends and family easily, especially through messaging apps and social media. They are also useful for schoolwork, (2)_____, students can search for information, use educational apps, and check homework online.

(3)_____, there are also some disadvantages. Teenagers may spend too much time on their phones, (4)_____ can affect their sleep and concentration. Using smartphones too often can also reduce face-to-face communication and make teens (5)_____ active. In addition, social media can sometimes cause stress or low self-confidence.

In conclusion, smartphones can be very helpful for teenagers if they are used in a responsible way. It is important (6)_____ teens to control their screen time and use their phones for positive purposes.

