



UNIVERSIDAD DE LAS FUERZAS ARMADAS ESPE  
ENGLISH LANGUAGE MEDICINE  
READING AND COMPREHENSION TEST



**A. Read the article about “DOCTOR-PATIENT PROBLEMS IN MEDICAL APPOINTMENTS” and choose the correct answers for the questions.**

Medical appointments should be helpful experiences, but doctors often face significant challenges when meeting with patients. If doctors had more time available, they might be able to listen better to their patients' concerns. However, many healthcare systems force physicians to spend only fifteen minutes with each patient, which can create serious problems.

One major issue is poor communication. Patients might not understand medical terms that doctors use, and if they don't ask questions, they could leave confused about their treatment. Doctors could explain things more clearly if they remembered that not everyone has medical knowledge. Another problem is that patients may not tell their doctors everything, especially if they feel embarrassed or rushed. If patients were more open about their symptoms, doctors would be able to make better diagnoses.

Time pressure is another critical concern. Doctors would spend more time with difficult cases if they weren't so busy with administrative work. If the healthcare system were different, physicians could focus entirely on patient care instead of dealing with paperwork. Additionally, some doctors might not listen carefully enough to what patients are telling them. If they listened better, they could catch important details that affect treatment.

Another problem is that patients may not follow medical advice after they leave. If patients understood the importance of following instructions, they would recover faster. Doctors can only help if patients cooperate with their recommendations.

The solution requires effort from both sides. Doctors should try to communicate better, and patients should ask questions and be honest about their health. If both groups worked together more effectively, medical appointments would become much more successful and beneficial for everyone involved.

**1. According to the text, why might patients not understand their doctors?**

- a) Patients don't have enough education
- b) Doctors use medical terms that aren't explained clearly
- c) Patients are always confused
- d) There isn't enough time to teach patients

**2. What would happen if doctors had more time available?**

- a) They would earn more money
- b) They would listen better to patient concerns
- c) They would see more patients
- d) Patients would recover immediately

**3. Why might patients feel uncomfortable sharing all their symptoms?**

- a) They don't trust doctors
- b) They might feel embarrassed or rushed
- c) Medical terms are too difficult
- d) They don't want to get better

**4. According to the text, what takes doctors' time away from patient care?**

- a) Lunch breaks
- b) Administrative work and paperwork
- c) Medical training
- d) Hospital meetings

**5. What does the text suggest would help patients recover faster?**

- a) Visiting the doctor more often
- b) Changing hospitals
- c) Understanding and following medical advice
- d) Sleeping more hours

**6. If patients were more open about their symptoms, what could happen?**

- a) Doctors would prescribe more medication
- b) Appointments would be longer
- c) Doctors could make better diagnoses
- d) The hospital would earn more money

<p><b>7. What kind of problems do doctors have according to the passage?</b></p> <p>a) Only communication problems b) Only time pressure c) Communication, time pressure, and listening difficulties d) Only patient cooperation issues</p> <p><b>8. How much time do doctors typically spend with each patient?</b></p> <p>a) One hour b) Thirty minutes c) Fifteen minutes d) Five minutes</p>	<p><b>9. What solution does the text propose?</b></p> <p>a) Doctors should work harder b) Patients should change their behavior c) Both doctors and patients should work together more effectively d) The government should change everything</p> <p><b>10. If the healthcare system were different, what could physicians do?</b></p> <p>a) Help more countries b) Focus entirely on patient care instead of paperwork c) Work fewer hours d) Study more medicine</p>
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**B. Read the article about “PATIENT SAFETY AND COMFORT: HISTORY OF PRESENTING COMPLAINT” and choose the correct answer.**

When patients arrive at a medical facility, healthcare workers must focus on two important areas: safety and comfort. But what exactly does this mean? Patient safety means protecting patients from harm and errors during their medical care. Healthcare professionals must know where emergency equipment is located and how to use it properly. They should understand which medications are safe for each patient and what allergies they might have.

Patient comfort is equally important. Why is comfort necessary? Because comfortable patients recover faster and feel less anxious about their treatment. How can healthcare workers improve comfort? They can speak kindly to patients, maintain clean environments, and ensure comfortable temperatures in hospital rooms.

The history of presenting complaint is a vital part of medical care. What is this history? It is the patient's own story about why they came to the hospital and when their symptoms started. When did the pain begin? How long has the patient felt sick? These questions help doctors understand the problem better. Where did the symptoms first appear? Was it gradual or sudden? Who noticed the symptoms—the patient or family members?

Asking detailed questions about symptoms helps healthcare workers identify problems early. Which symptoms are most serious? What makes the pain worse or better? Answers to these questions guide treatment decisions.

Good communication between patients and healthcare staff is essential. Why should patients feel safe? Because they will share important health information honestly. How can hospitals achieve this? By treating patients with respect and providing clear explanations about their care.

When safety, comfort, and clear communication combine, patients receive excellent care and have better health outcomes.

<p>1. What is patient safety? _____</p> <p>2. Why is comfort important for patients? _____</p> <p>3. How can healthcare workers improve comfort? _____</p> <p>4. What is the history of presenting complaint? _____</p> <p>5. Why should patients feel safe in hospitals? _____</p>	<p>A. Because comfortable patients recover faster and feel less anxious about their treatment.</p> <p>B. Because they will share important health information honestly and receive better care outcomes.</p> <p>C. They can speak kindly to patients, maintain clean environments, and ensure comfortable temperatures in hospital rooms.</p> <p>D. It is the patient's own story about why they came to the hospital and when their symptoms started.</p> <p>E. Protecting patients from harm and errors during their medical care.</p>
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