SHAPE IT! 3

Unit 4
Grammar in Action 4.2

Name _____ Class _____ Date _____

QUIZ: HEALTHY OR NOT?

1 4.2 **Watch the video up to 01:36. Circle the correct options.**

1 Dora is doing a quiz about healthy *food / habits*.
2 According to the quiz, she *is / isn't* getting enough sleep.
3 She thinks most people need *eight / ten* glasses of water a day.
4 The quiz says that people who *are / aren't* active don't need much water.
5 She thinks that you need to exercise *three / five* times a week.
6 The quiz says you need to work out *once a week / every day*.

2 Look at the phrases in the box. How do you say them in your language? Use the phrases to complete the conversations.

Why don't we …	Oh, no
… right	OK, then

1 It's good to exercise every day, _____?
2 **A** Let's go and play football. **B** _____.
3 **A** I left my homework at home!
B _____!
4 **A** _____ go out for ice cream?
B That's a great idea!

3 4.2 **Watch the video from 01:36 to the end. Match 1–6 with a–f to make rules.**

1 We use *too* ☐
2 We use *many* ☐
3 We use *much* ☐
4 We use *enough* ☐
5 *A few* means ☐
6 *A little* means ☐

a with countable nouns.
b to talk about necessary amounts.
c to say that something is more than needed.
d "some but not much."
e "some but not many."
f with uncountable nouns.

4 Circle the correct options.

1 It's cold. Is your coat *warm enough / too warm*?
2 I'm hungry. Could I have *a little / a few* cookies?
3 They don't have *enough / many* people for a team.
4 We have too *much / many* homework every day.
5 Could you put *a little / a few* honey in my tea?
6 I don't have *enough time / time enough* to work out.

5 Complete the sentences with the words in the box.



a few	a little	enough (x 2)	
too many	too much		

1 You need to do _____ exercise every day.
2 Most people don't drink _____ water.
3 The train was really crowded. There were _____ people on it.
4 Are you tall _____ to join the basketball team?
5 I need a new laptop, but it costs _____ money.
6 We need to win _____ tennis matches to get to the final.

6 Circle the correct options.

1 Please close the window. It's … in here.
a too cold b much cold c enough cold
2 Susan got depressed because she wasn't getting ….
a sleep enough c enough sleep
b a little sleep
3 Hurry up! The train leaves in … minutes.
a a few b a little c too many
4 The field is … for us to play football.
a enough big b many big c big enough
5 Everyone needs … time to relax.
a a few b a little c much

LIVEWORKSHEETS